

## Sunday Club Online 14/3/21

### - Mothering Sunday -

Hello Sunday-clubbers,

I hope you had a lovely week this week. Many of you will have started back at school so I do hope you had a lovely time seeing your friends and teachers again. Does anyone know what today is? It is Mothering Sunday! I hope you have all been extra nice to your Mums and Grannies and Aunties today!

In the past Mothering Sunday or 'Mothers Day' was a time for honouring mothers and 'mother churches' on the fourth Sunday in Lent. On Mothering Sunday, Christians have historically visited their mother church—the church in which they were baptised. Later on, it then became popular to remember all mothers and how they have such a special role in our lives.

There is one story in the Bible that I always think of around Mothers Day and that is the story of Ruth. There is a whole book in the bible about her life. Ruth had a very kind, giving nature. She was so devoted to her Mother-in-law (Naomi), that she would not leave her, even though it might have meant that Ruth's life became very difficult. As it turned out things worked out very well for Ruth and God blessed her because she was so faithful to Naomi. Below is a link to a cartoon of the story of Ruth so you can find out more about her life.

<https://www.youtube.com/watch?v=irThVpdeSXk>

What is interesting is that Ruth went on to be the great Grandmother of King David and then a few generations later, Jesus was born. God blessed her devotion and loyalty to Naomi greatly!

I wonder if you can be devoted to your Mums today like Ruth was to Naomi. Can you do what they ask nicely and be extra kind to them today!

I thought you might like to make them a special card using your hand prints like the ones below.



Have a lovely week everyone.

Take care and with love,  
Katie x

#### My hand print card

You will need the following things:

- A4 folded card / paper
- Felt tip pens
- Pencil for writing
- child safe water based paints (if wanting to do hand prints)
- coloured paper (if wanting to draw around your hands)

Instructions: (for the hand print card)

- 1) Fold your A4 sheet of card in half.
- 2) Choose a colour paint and paint one of your hands.
- 3) Place your hand near the top so the paint transfers onto the card.
- 4) Clean your hand and repaint with another colour. Repeat making your handprint flowers in as many colours as you would like.
- 5) Draw green lines for stems (or use pipecleaners if you have them)
- 6) Either draw a bow (or use a real bow if you have it) or draw around your hand and arm on another sheet of paper and cut it out and stick it on your card (see pictures)

Instructions: (for the hand stencil card)

- 1) Fold your A4 sheet of card in half.
- 2) Choose a colour and draw round your hand.
- 4) Cut out your hand template and stick on your card. Repeat making your hand template flowers in as many colours as you would like.
- 5) Draw green lines for stems (or use pipecleaners if you have them)
- 6) Either draw a bow (or use a real bow if you have it) or draw around your hand and arm on another sheet of paper and cut it out and stick it on your card (see pictures)