

*43 "No good tree bears bad fruit, nor does a bad tree bear good fruit. 44 Each tree is recognized by its own fruit. People do not pick figs from thornbushes, or grapes from briars. 45 A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.*

*'The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.' (Galatians 5:22-23)*

Well this week we're just going to look at what they might mean for us today.

To start- just have a look at this time lapse about a tree growing- <https://youtu.be/RjnKAWxCK3k>

There is another one showing an acorn growing into an oak tree- AMAZING!- <https://youtu.be/aCTzdybODlg>

Now have a think about this:

- What does the acorn need in order to help it to grow into the oak tree?

As we all look to grow more fruitful on our frontlines; we need a certain mix of things to help us to do this and to help us to grow in Christ.

The Luke reading is about how different trees bear different fruits and the Galatians reading is about what different fruits we need to bear as Christians.

Have you heard the saying – 'you are what you eat?' If that is true, it is truer that you are what you say. Your words reveal your heart. The things you say, and how you say them expose and unveil the condition and attitudes of your heart. If more people understood this do you think they would be more careful about what they said and how they said it?

We are experts at seeing only the good actions in our lives, and overlooking or excusing the bad. If you want to judge your own character, listen to what you say.

So really both these readings are about what we should be like as Jesus asks us.

Last week in the activity pack there was a sentence about looking up what the Beatitudes were about (if you had time.) These are 8 sort of 'guidelines' if you like taught by Jesus about being happy as well- this version is from The Message with the help of Douglas for a couple.

*1-2 When Jesus saw his ministry drawing huge crowds, he climbed a hillside. Arriving at a quiet place, he sat down and taught his climbing companions. This is what he said:*

*3 "You're blessed when you're at the end of your rope. With less of you there is more of God and his rule.*

*4 "You're blessed when you feel you've lost what is most dear to you. Only then can you be embraced by the One most dear to you.- <https://youtu.be/DN1Wacruvjw?list=TLPQMTqgODlwMjDnO5QwGnu-Pg>*

*5 "You're blessed when you're content with just who you are—no more, no less. That's the moment you find yourselves proud owners of everything that can't be bought.- <https://youtu.be/E5-S7cBto3Q?list=TLPQMTqgODlwMjDnO5QwGnu-Pg>*

6 “You’re blessed when you’ve worked up a good appetite for God. He’s food and drink in the best meal you’ll ever eat.

7 “You’re blessed when you care. At the moment of being ‘care-full,’ you find yourselves cared for.

8 “You’re blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world.

9 “You’re blessed when you can show people how to cooperate instead of compete or fight. That’s when you discover who you really are, and your place in God’s family.- <https://youtu.be/kJX-Hks-pvk?list=TLPQMTgwODlwMjDnO5QwGnu-Pg>

10 “You’re blessed when your commitment to God provokes persecution. The persecution drives you even deeper into God’s kingdom.

11-12 “Not only that—count yourselves blessed every time people put you down or throw you out or speak lies about you to discredit me. What it means is that the truth is too close for comfort and they are uncomfortable. You can be glad when that happens—give a cheer, even!—for though they don’t like it, I do! And all heaven applauds. And know that you are in good company. My prophets and witnesses have always got into this kind of trouble.

These are hard to live out. But they are also very beautiful. They describe what it means to live by a set of standards, callings and attitudes that go way beyond the observation of rules or the keeping of the law. This is what life looks like when you are truly Christ-like.

Meet Doug- he will explain – Blessed are the poor in spirit-

<https://youtu.be/7QgeNDb1nck?list=TLPQMTgwODlwMjDnO5QwGnu-Pg>

Have a listen to this musical version of the Beatitudes - <https://youtu.be/8IRuSc5-VUw>

- Have you ever had days where everything seems to be going wrong and it is all too much hard work? What did they do?
- Do you thank God when things are hard, or grumble at how difficult things are? Why/why not?

Have a look on the Cof E website about the beatitudes & our frontlines:

<https://www.churchofengland.org/our-faith/living-out-our-faith/beatitudes>

Another interactive word search: - The Beatitudes

[https://www.christianbiblereference.org/wj\\_BeingBlessedMatthew5310\\_0.htm](https://www.christianbiblereference.org/wj_BeingBlessedMatthew5310_0.htm)

Fruits of the Spirit [https://www.christianbiblereference.org/ws\\_FruitsOfTheSpirit-1\\_0.htm](https://www.christianbiblereference.org/ws_FruitsOfTheSpirit-1_0.htm)

Finally write the words ‘Our Frontlines’ in the middle of a piece of paper.

- Think about a situation where you can do good or a person you might be able to help. Write this person or situation on the paper, or draw a picture to show what your “Frontline” is.
- During this next week try to make this a better place, or make life better for the person you have named.

Have a good week everyone!

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Beatitudes

B T I R I P S W C D N P U R E O F H E A R T V B  
Z U Z R Z Z N W E G H X F M A K N T L X X G U I  
J M V S P Z C R S E L F I S H N E S S O N O N Q  
N T T D Z C T U H F Q C O N T L K V D W P E W O  
N A E K B A C E L R M U Y Q J Z X A D D V O F O  
U P Q G H X N N K T S I V N E G R Y B O O K B H  
F O R U A Q H G O U V N C S Q A N K Z G O E O N  
L C C R D D R R J T W O H P P L V I F P A L V J  
G S Q U Y Q D W C D U P A T W B M S R T L V M O  
O S F C Y W A I G M U Y N K M E N B I E C F S W  
J E O C O Q K J C F X B G X R O V T L B F O N C  
Y N D F E O I O Q T J C E C I Z U K Y H U F H U  
T S E F N W W G J S I J Y T L D S S K N B W U B  
E U T O V P T R C M M O A A E T D I R E E R X S  
V O A S Q U R I W Q F T N S P R I M L E M O H N  
I E H S G L N A V I C U X V Q Y N I P E M U O V  
J T K T J R I C Y E P B T X Z P E M E Z M I M V  
B H V G U F V Y P F E U D P I V M K R I T P D R  
R G I O X W Z X I Z A Z R I E N P G L C I F R K  
E I M E L R E Z T P C A L W S D N I E L P O F Q  
G R B Y E Z G Y Y Q E T T B W F T L Y H N V N Y  
N F B E F A I T H F U L V T A Y F Q M L B J J U  
U T L S F O L I I L F F Y X P E F I R V C C S K  
H A F H P E A C E M A K E R R U K G K H F Y X D

PRAY	BEFAITHFUL	BELIEVE	HATRED
REFLECTION	SPIRIT	CHANGE	PEACE
SUFFERING	EXPECTATIONS	SELFISHNESS	PARADOX
GOD	RIGHTEOUSNESS	ADDICTION	HUMILITY
HATED	PEACEMAKER	PUREOFHEART	MERCY
HUNGER	MEEK	MOURN	BEATITUDES

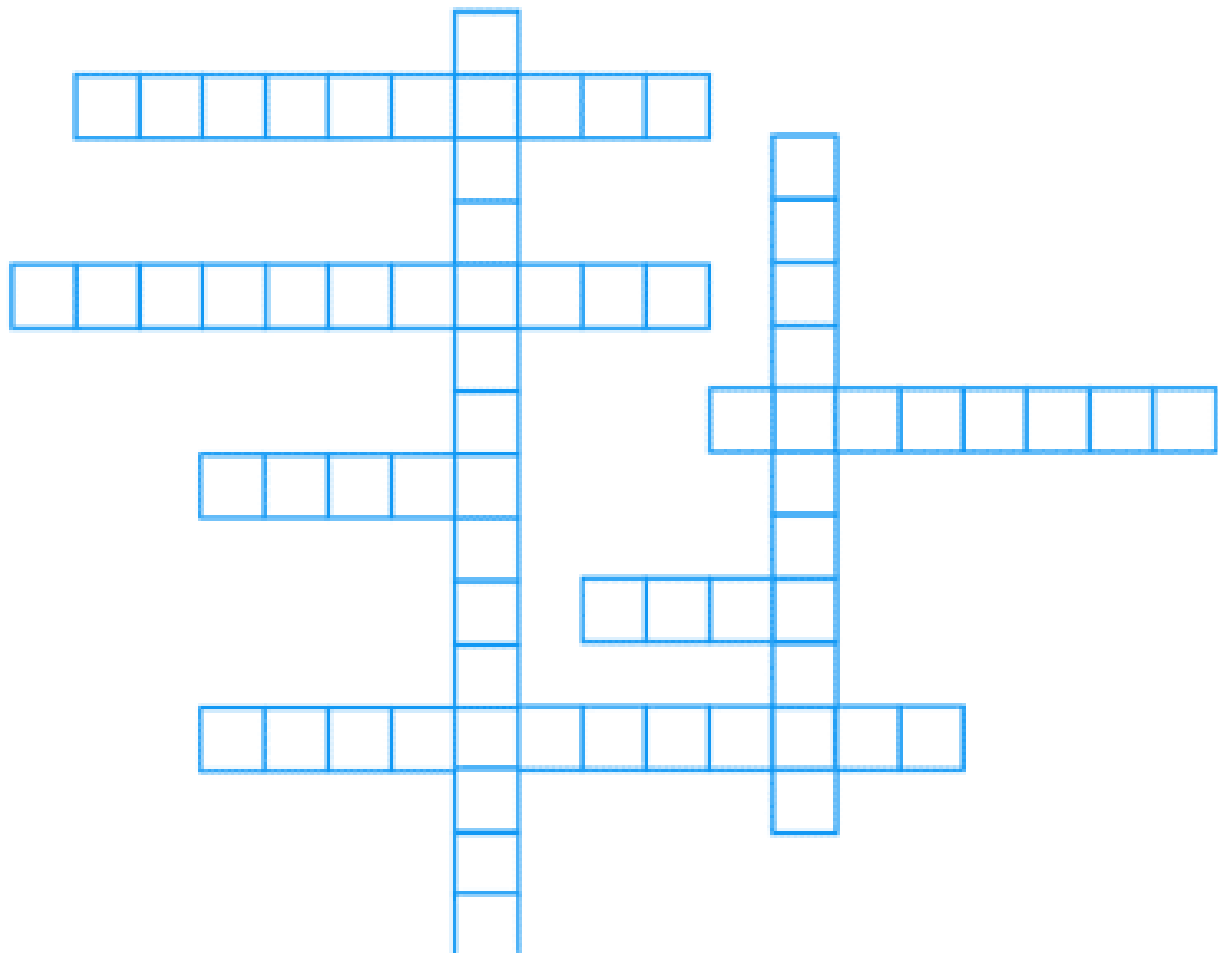




### Beatitudes

# Beatitude Crossword

Jesus' Beatitudes from his Sermon on the Mount, Matthew 5: 3-12, are written below.  
Read the Beatitudes and place the **blue words** in the correct boxes in the puzzle.



Blessed are the **poor in spirit**: for theirs is the kingdom of heaven.

Blessed are they that **mourn**: for they shall be comforted.

Blessed are the **meek**: for they shall inherit the earth.

Blessed are they which do **hunger and thirst** after righteousness: for they shall be filled.

Blessed are the **merciful**: for they shall obtain mercy.

Blessed are the **pure in heart**: for they shall see God.

Blessed are the **peacemakers**: for they shall be called the children of God.

Blessed are they which are **persecuted** for righteousness' sake: for theirs is the kingdom of heaven. Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.

