#### Luke 6v1-11- In Charge of the Sabbath- 5.7.2020 (This story is also found in Matthew)

How many ways can you think of to praise the Lord or say Alleluia?

Bit of fun singing to start! @- https://youtu.be/n8BKunlglal

1-2. One Sabbath Day, Jesus was walking through a field of ripe grain. His disciples were pulling off heads of grain, rubbing them in their hands to get rid of the chaff, and eating them. Some Pharisees said, "Why are you doing that, breaking a Sabbath rule?" 3-4. But Jesus stood up for them. "Have you never read what David and those with him did when they were hungry? How he entered the sanctuary and ate fresh bread off the altar, bread that no one but priests were allowed to eat? He also handed it out to his companions."5. Then he said, "The Son of Man is no slave to the Sabbath; he's in charge."6-8. On another Sabbath he went to the meeting place and taught. There was a man there with a crippled right hand. The religion scholars and Pharisees had their eye on Jesus to see if he would heal the man, hoping to catch him in a Sabbath infraction. He knew what they were up to and spoke to the man with the crippled hand: "Get up and stand here before us." He did.9. Then Jesus addressed them, "Let me ask you something: What kind of action suits the Sabbath best? Doing good or doing evil? Helping people or leaving them helpless?"10-11. He looked around, looked each one in the eye. He said to the man, "Hold out your hand." He held it out—it was as good as new! They were beside themselves with anger, and started plotting how they might get even with him.

Sketch- https://youtu.be/I1S5kIKBOB0

Animation- <a href="https://youtu.be/F3B4mqMToko">https://youtu.be/F3B4mqMToko</a>

Another version (English narration)- <a href="https://youtu.be/z0YqXN2IAFo">https://youtu.be/z0YqXN2IAFo</a>

How many other stories about healing do you know? List them here:

How can we help others on a Sunday especially – of course we help all week!

This is a summary of the whole of Luke ch 6- <a href="https://youtu.be/ryHQRRrOguA">https://youtu.be/ryHQRRrOguA</a>

Listen to a bit of Queen from 1975!- https://youtu.be/kkxWyt7K4hw

Now try to think about how restful our Sundays really are??

Interactive quiz about the 10 commandments- you'll read a bit about them on the next page - https://www.christianbiblereference.org/cgi-bin/web\_quiz1.pl?TenComm\_I.txt&0

Interactive quiz about healing- <a href="https://www.christianbiblereference.org/ws\_HealingOnTheSabbath\_0.htm">https://www.christianbiblereference.org/ws\_HealingOnTheSabbath\_0.htm</a>

Keeping the Sabbath- https://www.christianbiblereference.org/wj TheSabbathDay 0.htm

Now here is the story of a guy called Eric Liddell. He was born in Scotland in 1902 & died in 1945. He was known as the "Flying Scotsman"

Eric Liddell was a fast runner! In 1924 he was selected to take part in the Olympics. He was going to run the 100 metres and he was very excited. But then he made a discovery: his race was on a Sunday, and because he loved God he felt that he couldn't run a race on the day God had made into a day of rest!

Liddell refused to run. Everybody thought he was stupid – but he loved God more than he loved running. In the end he was able to swap races: he competed in the 400 metres instead, even though he hadn't trained for that and he got his gold medal! Later on Liddell became a missionary to China, and died there in a prison camp during the war - he served God for his whole life! Watch these 3 clips from the film and then ask your parents if you could watch the whole film together- it may be on Netflix or somewhere but it is on You Tube OR you never know someone may have it on DVD if you still have the means to play a DVD;)

- 1) <a href="https://youtu.be/I4e5Xfmc8zQ-">https://youtu.be/I4e5Xfmc8zQ-</a> Never give up
- 2) <a href="https://youtu.be/GnCkEaoTR4U">https://youtu.be/GnCkEaoTR4U</a> Honour God (team on their way to the Olympics &Liddell finds out the heats are on a Sunday)
- 3) <a href="https://youtu.be/uwyltmUR3MU">https://youtu.be/uwyltmUR3MU</a> & God will honour you
- What do you think about Liddel refusing to run on a Sunday?
- Would you make that decision today?
- Do you think God minds what sort of activities we do on a Sunday?
- When do we have to make decisions about what we do on a Sunday?
- Do people understand when we want to put God first?
- Thinking about great Christians in the past, do you think we should change the way we spend Sundays?
- We do all sorts of things on Sundays now don't we so what has happened over the years to allow us to worship God but also do other activities that could be seen as rest?
- What do we mean by the word rest as opposed to what Liddell meant do you think?
- How can we still keep Sunday special nowadays do you think- remember some people have to work on Sundays if they are nurses or doctors or keyworkers- remember the bible story what did Jesus say about helping people on the Sabbath? Make a list if you want of ways to still keep Sunday special and restful!

Now- the other thing to think about is when God gave Moses the 10 commandments – 10 rules which would help them live the best lives possible ,the Israelites were journeying through the desert. They had just been freed from a life of slavery in Egypt and were looking forward to a new life in the Promised Land. As they heard that the Sabbath Day, the seventh day in the week was to be a special day, a day of no work, they must have rejoiced. A great cheer must have gone up. As slaves in Egypt there would have been no time off, no time to celebrate and worship God together, no time to rest and relax and **now God is saying they must take a day off once a week.** 

As time passed by this idea of having a special day, a day set apart to worship God and rest, became distorted as the Jewish leaders began to worry about the nitty gritty of what was meant by work. The whole day became a burden, a difficult day, a day full of 'you must not'. This was not what God had intended. The Sabbath was meant to be a special day, a day to look forward to during the rest of the week.

Jesus hit the nail on the head when His disciples were criticized for picking and eating grains of wheat, He said "The Sabbath was made for man, not man for the Sabbath" (Mark 2:27). It was meant to be a day when people could really focus on God and their relationship with Him as well as a day of relaxation – a day of recharging their batteries spiritually, mentally and physically.

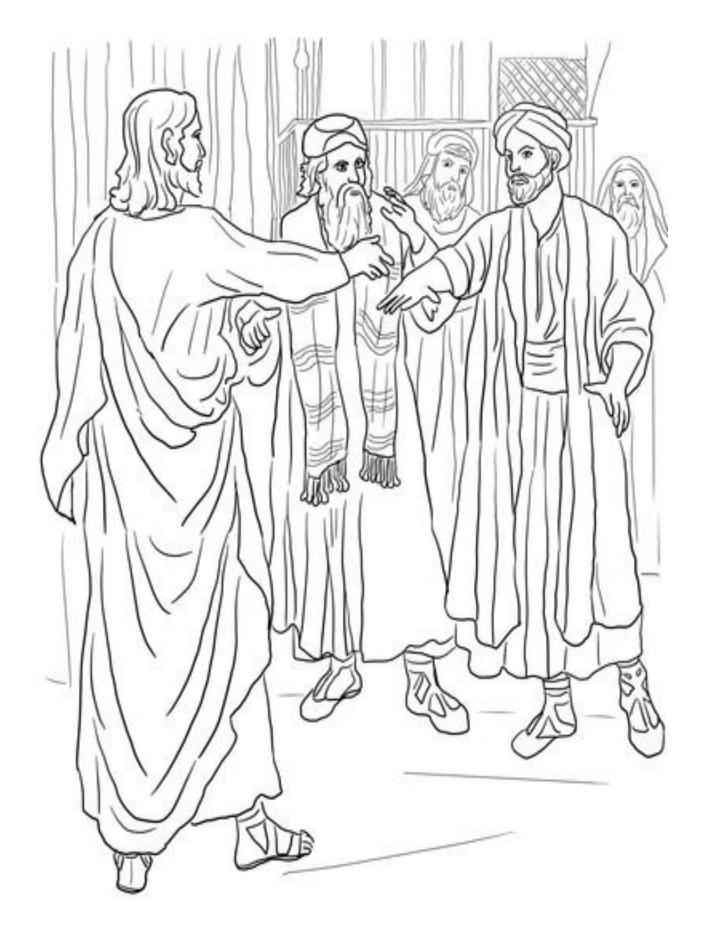
After Jesus' death and resurrection His followers began to meet together on Sundays, His resurrection day, as a time to worship. So Sunday became the new Sabbath Day (for many other groups though their Sabbath is a Saturday) - if you can find the 10 Commandments on line or in a bible – have a read and think about the 4<sup>th</sup> commandment! - then think about Liddell and what he did..

# Jesus Heals on the Sabbath

## Matthew 12

Fill in the blanks using the opposite of the underlined word.

_	ent to the synago with a withere asked him, "I on the Sabba	ed hand was there s it (wrong)	. Jesus' (friends	)
	nswered, "If your		pit on the Sabb	eath, won't
	aid to the man, ": as like ( <u>old</u> )	The state of the s	hand." He streto	ched it out
Jesus' e Jesus.	nemies went (tow	vard) (	olotting how they	could kill
Use the fi	rst letter of each pict	ture to finish the mes	ssage.	
	1 2 3	4 5 6	7 8	
	9 10 11	12 13 14 15	16 17 18	
9,	9.17	13. 16		14, 15
2, 4, 5, 7	10, 18	<b>1</b> 8	1, 6	12





Jesus Heals the Man with the Withered Hand

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### PSALM 62! You may not even get to look at this as there was so much in the activities for Luke<sup>®</sup>

- 1 My soul finds rest in God alone; my salvation comes from him.
- 2 He alone is my rock and my salvation; he is my fortress, I will never be shaken.
- 3How long will you assault a man? Would all of you throw him down-- this leaning wall, this tottering fence?
- 4 They fully intend to topple him from his lofty place; they take delight in lies. With their mouths they bless, but in their hearts they curse. Selah
- 5 Find rest, O my soul, in God alone; my hope comes from him.
- 6 He alone is my rock and my salvation; he is my fortress, I will not be shaken.
- 7 My salvation and my honor depend on God [1]; he is my mighty rock, my refuge.
- 8 Trust in him at all times, O people; pour out your hearts to him, for God is our refuge. Selah
- 9 Lowborn men are but a breath, the highborn are but a lie; if weighed on a balance, they are nothing; together they are only a breath.
- 10 Do not trust in extortion or take pride in stolen goods; though your riches increase, do not set your heart on them.
- 11 One thing God has spoken, two things have I heard: that you, O God, are strong,
- 12 and that you, O Lord, are loving. Surely you will reward each person according to what he has done.

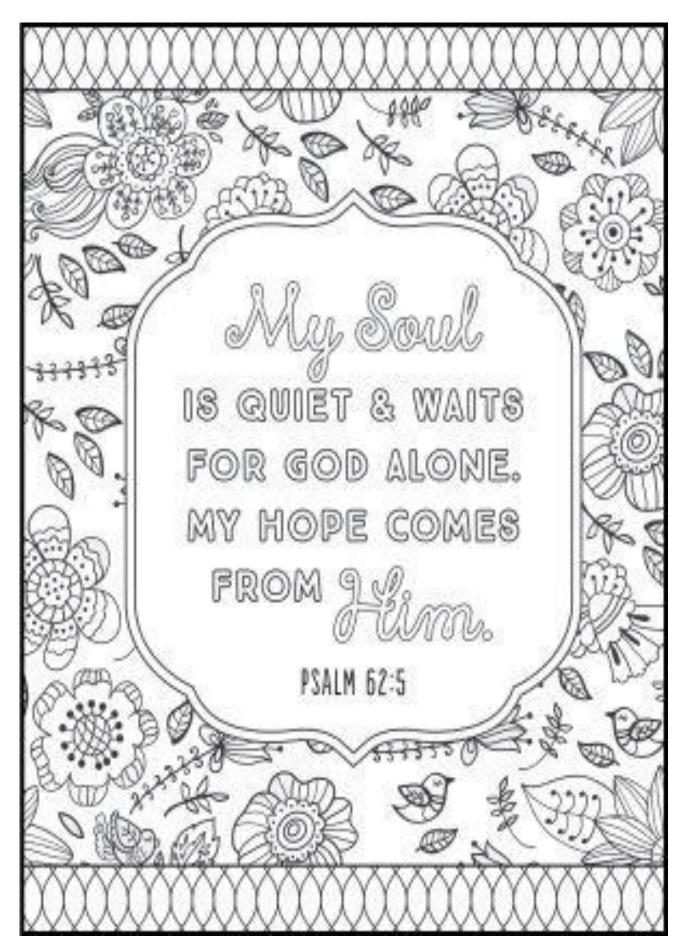
Write your answers next to the questions.

- 1) What gave David peace of mind? (v 1-2)
- 2) How did David demonstrate his confidence in God in the face of danger? (v 1-4)
- 3) What simple message unifies this psalm? (v 1-12)
- 4) What figure of speech did David use to describe his fragile condition? (v3)
- 5) How did David demonstrate a sense of insecurity in his own strength?(v:3)
- 6) What were the intentions of David's enemies? (v4)
- 7) What accusations did David make against his adversaries? (v4)
- 8) Where did David find his sense of security if not in his own status or power (v 5-6)
- 9) How did David advise God's people to pray? (v8)
- 10) How did David distinguish between people of different status in society? (v9)
- 11) What warning did the psalm writer offer to his adversaries? (v10)
- 12) Why did David suggest to his adversaries that they should not become too attached to their wealth in verse ten? (v10)
- 13) What reasons did the psalm writer give people to put their trust in the Lord in these verses? (v11-12)

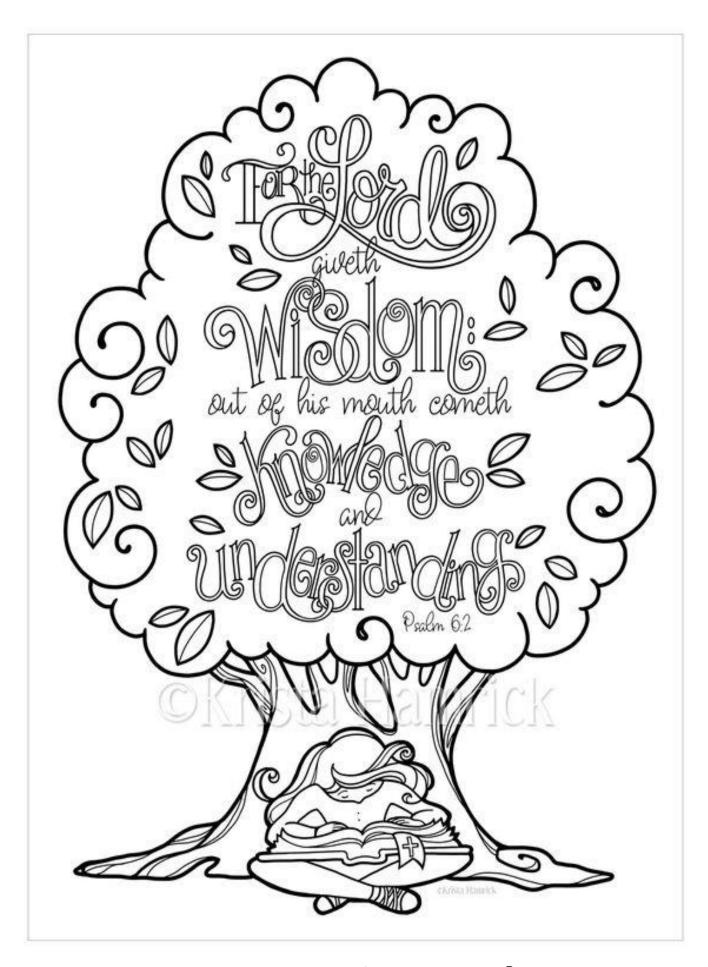
Have a listen to this – based on Psalm 62 <a href="https://youtu.be/ZpYDa6qshz8">https://youtu.be/ZpYDa6qshz8</a>- Aaron Keyes

And this - <a href="https://youtu.be/bCxqMx3TLlg">https://youtu.be/bCxqMx3TLlg</a> - Jason Silver

Perhaps today you could all have a quiet day or another Sunday? As there is Overflow @4 this afternoon so you may be tuning into that as well?



Colouring can be a very restful and calming activity ©



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## BIBLE WORD SEARCH!

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