

COMMENT

James Hunt

## Easter Hope...

### CORONAVIRUS

*Special issue including  
vital information on local  
services and support for  
our communities*

News and  
Reports  
from  
Bishop's  
Waltham  
and  
Upham

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BISHOP'S  
WALTHAM  
&  
UPHAM

# PARISH NEWS

April  
2020

£1





# BISHOP'S WALTHAM & UPHAM

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April 2020  
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## BISHOP'S WALTHAM & UPHAM PARISH NEWS - Established 1890

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and COPY to: [bwuparishnews@gmail.com](mailto:bwuparishnews@gmail.com)

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Cover picture: The winter of 2020 has given us the wettest February on record. January to March has seen a succession of low pressure weather systems blowing across the Atlantic, bringing high winds and heavy rainstorms across the British Isles.

This cover photograph for the April issue of the Parish News shows a brief break in the clouds, with recently deposited rain water glistening on the roadway and pavement like a river of molten metal. It was taken on the Corhampton Road in the centre of Bishop's Waltham, near the junction with Lower Lane.



# THE PARISH CHURCHES OF ST. PETER, BISHOP'S WALTHAM, AND THE BLESSED MARY, UPHAM

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Church of St. Peter, Bishop's Waltham



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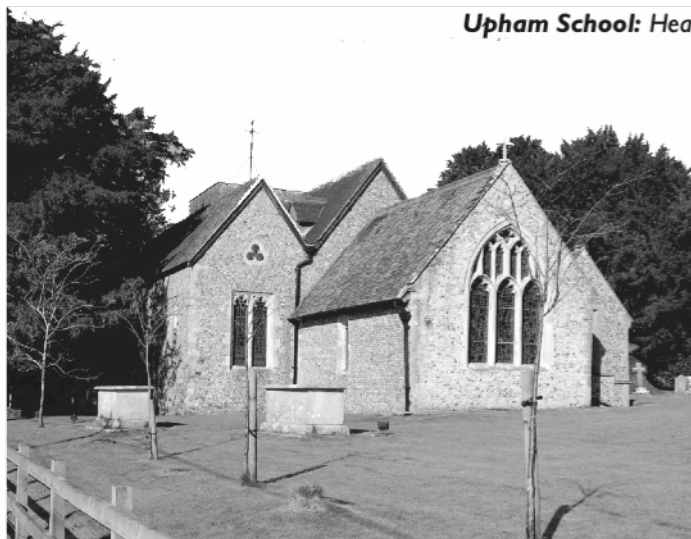
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Church of the Blessed Mary, Upham

# Easter Hope...

**A**CCORDING TO A RECENT SURVEY CARRIED OUT THIS WEEK, APPARENTLY 38% OF PEOPLE WOULD NOT BUY A BOTTLE OF

Corona beer because of their concern about the Coronavirus. It was probably one of those surveys that asked questions in such a way as to get the kind of response wanted to make a headline. But then again, as I am writing this, there are a lot of people doing rather irrational things when there is no real need to. For example, like buying and stockpiling lots of loo rolls, hand gel and other essential household items. My father who is quite vulnerable, being over 80 and on dialysis, sadly can't get what he really needs as it has all gone already.

I mention this not to trivialise the serious health and life issues that Coronavirus is bringing, but to suggest that we do need to think and reflect on the other economic and social effects which are becoming just as much of a concern as the virus itself.

Like many, I am hoping and am praying that there will be a relatively quick turnaround as the weather improves for the better. But what if things do not improve quickly? What are the ways in which we should be thinking and reflecting about all that is happening? I think a key concern to address is how might we can **cope and hope** when things are out of our control. I don't pretend to have all the answers, but here are two things that I feel God would want to say to each of us and to know:

**First, do our best to keep others around us safe as much as ourselves.** In helping others, even if we might be running a slightly greater risk for ourselves, this at the heart of what God is like to us and who he wants us to be with others. Just as God loves us, we are called to love him and others back. And this love

## COMMENT

Rev'd James Hunt



is not just a 'feeling' kind of love, but an action love that is self-sacrificial (Agape love) that when needed, puts our own interests to one side for the sake of others. If some good is to come out of what is happening, it would be a lovely thing if we might see on across our nation, as someone has said, 'extraordinary outbreaks of altruism', and when over, that we might not go back to our old ways, but be changed people and carry on being more loving. Perhaps this could be part of an answer to help bridge our divisions? Li Wenliang, the doctor who first raised the alarm about the Coronavirus, was prepared to speak out because he was used to speaking out about his Christian faith in a communist country, and the fact he did speak out has saved a lot of lives. Li Wenliang showed self-sacrificial love as a doctor and Christian, and we are called to be and do the same.

But how can we be like this? **Second, we need to put our trust in God.** What Coronavirus, and its knock-on effects is showing us, is just how fragile life can be and that we are not really, even in normal times, in control as much as we think we are. What Coronavirus has demonstrated is that it is not just a health and medical issue (we do need to stop new diseases and come up with cures) but it is just as much an issue for our minds and souls. For our minds, we need to put our trust in the evidence and facts and not act irrationally to the detriment of others. For our souls, we need to put our trust in God in the face of our worries and fears. And how can we do that? Well it is to put our trust in the message of Easter, that God defeated death on the Cross of Good Friday, and now offers us a new life through The Resurrection of Jesus on Easter Day.

So, in summary, how can we **cope and hope** and how should we respond in such a time as this? Clearly **Wash** our hands and do other essential actions (maybe



pray which is better than singing Happy birthday), **Care** for the vulnerable (who do you know and what can you do?) and **Trust** in God for our own health and life.

To help you take a step of trust this Easter, can I recommend that you might read and pray for yourself Psalm 91 and Psalm 21 which are wonderful prayers that we can say for ourselves:

**Psalm 9** *Whoever dwells in the shelter of the Most High, will rest in the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.*

**Psalm 121** *I lift up my eyes to the mountains — where does my help come from? My help comes from the Lord, the Maker of heaven and earth. He will not let your foot slip he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The Lord watches over you —the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The Lord will keep you from all harm—he will watch over your life; the Lord will watch over your coming and going both now and forevermore.*

If you would like to explore what it means to have trust in God, and especially in uncertain times, you would be very welcome to contact me, or join with us on Facebook or on the church website. We will be streaming services online over the coming weeks. Of course, in the future you would be welcome at any local church this Easter and beyond. To journey together trusting in Jesus is what makes all the difference in life.

With my prayers for April and Easter.

James

**Rev'd James Hunt**

Rector St Peter's Bishop's Waltham with  
Blessed Mary, Upham  
[jameshunt1966@gmail.com](mailto:jameshunt1966@gmail.com)

## St. Peter's Church on Facebook

Follow our facebook page to keep up with latest news, forthcoming events, and to see photos and videos of a wide range of groups and services.

[www.facebook.com/StPetersBW](https://www.facebook.com/StPetersBW)



## St. Peter's Church website

Listen to services online, read the rector's blog, read about past and future events and activities.

[www.stpetersbw.org.uk](http://www.stpetersbw.org.uk)



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**Coronavirus: This issue has been delivered free to every household. For future issues by email, please email [bwuparishnews@gmail.com](mailto:bwuparishnews@gmail.com)**

## St Peter's and Blessed Mary Services

*April onwards until further notice...*

**T**HE LAST TIME ST. PETER'S AND BLESSED MARY WERE NOT ABLE TO PROVIDE PUBLIC worship services was 812 years ago back in 1208! Not to be defeated, we are now **streaming on Facebook at 10am every Sunday** which you can link into via the 'St Peter's Church Bishop's Waltham' Facebook page [@StPetersBW](https://www.facebook.com/StPetersBW)

We also hope to offer audio and visual content on YouTube in the coming weeks which you can access at via our home page by clicking on 'listen back' [www.stpetersbw.org.uk](http://www.stpetersbw.org.uk) Previous sermons and talks are also available.

For more information please contact Sam Sessions at [bwuoffice@gmail.com](mailto:bwuoffice@gmail.com) 01489 892197.

Our Church buildings remain open and you are welcome to come in if you are passing, and if you feel worried or concerned, please come in to just sit, to pray or find some peace.

If you would like support or help in anyway please contact Revd James Hunt [stpbn.help@gmail.com](mailto:stpbn.help@gmail.com) 01489 892618.

**A Prayer:** *God of peace, comfort and hope we ask you to protect us for you are powerful and merciful. Support all who are low, knowing that you love each one of us. Amen*

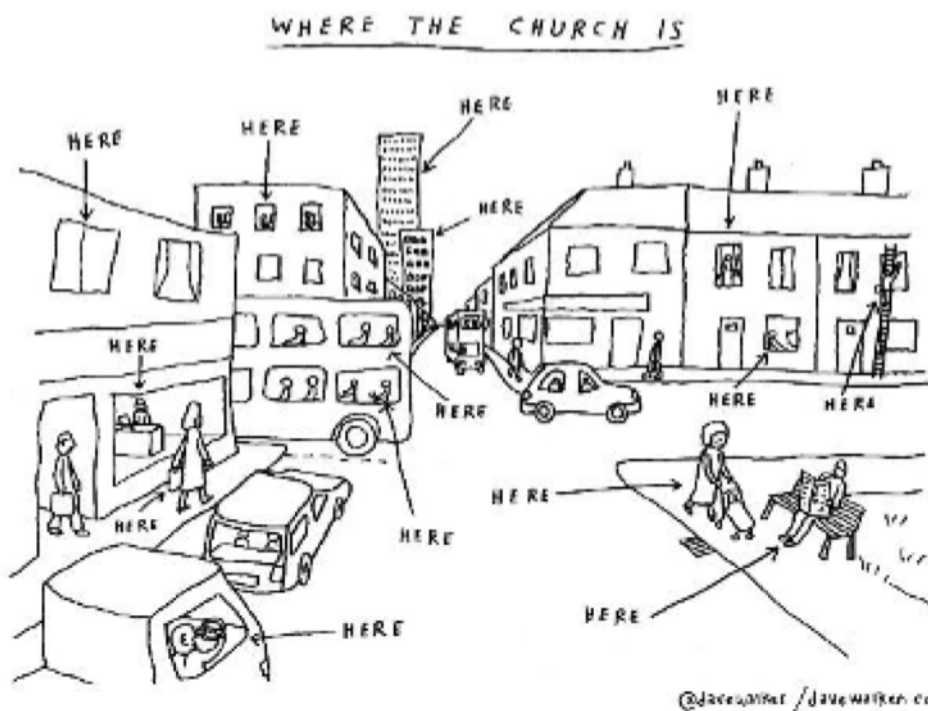
**Psalm 91:** *"He is my refuge and fortress, my God in whom I trust."*

**Psalm 121:** *"I lift up my eyes to the hills - where does my help come from? My help comes from the Lord, the Maker of heaven and earth."*

### Other Local Churches

Other local churches will be doing similar things to St Peter's and Blessed Mary so please see page 12-13 and keep an eye on their websites or social media for details.

*Revd James Hunt*



## Corona Chaos: We Can Be Concerned, But Christians Should Not Be Shaken

**12-03-2020 Tré Goins-Phillips, Faithwire**

I'm supposed to be on a work trip right now. In fact, I was supposed to board an airplane at 7:30 this morning. But I didn't. After I cancelled my trip, I started scouring the internet for travel advice (hoping to reinforce my decision) and soon received a flurry of push notifications on my iPhone, culminating with an address from President Donald Trump, who placed a restriction on travel from Europe for the next 30 days. All of it is because of the novel coronavirus, or COVID-19.

Until last night, I had done well to insulate myself from fear and anxiety. I had kept concern at bay and kept at arm's length any "pandemic"-induced worries. But then, faced with the need to make an immediate decision about my own travel plans, I let my mind wander into the abyss of uncertainty.

The internet is a textbook catch-22 situation, particularly in a moment of collective cultural anxiety. It's a great place to gather useful information; it's also a great way — the best way — to feed our naturally insatiable inclination to worry.

I've read of some Americans spending up to \$20,000 for flights from Paris to the U.S., in hopes of getting home before the travel restriction is implemented at midnight Friday. I've seen countless colleges close their doors amid fears of

community spread. I've heard the NBA is cancelling its season and the NCAA is banning fans from attending March Madness games. I've read the federal government is closing the U.S. Capitol to the public until next month.

Panic is a natural response in this climate. But how do we safeguard against it?

It's OK to be concerned, particularly if you're in a high-risk category or love someone who is, like those in the elderly community or people who are immunocompromised in some way. But we don't need to panic.

As Christians, we are called to be prudent and hopeful.

We should follow all the advice from health and medical experts, taking into consideration the routine precautions we follow during any flu season. That means frequently washing our hands, reducing physical interaction with other people (like shaking hands, hugging, kissing, etc.), staying home if we feel sick. But we don't need to be gripped with fear. I don't need to be gripped with fear.

In 2 Timothy 1:7, the apostle Paul wrote, "For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline." That is the measured response Christians should take: we should be wise, following the advice of those who are smarter than us, and we should find solace in the fact that nothing, including the spread of COVID-19, happens outside



God's purview.

God is sovereign and in control of every situation. He isn't vexed by a virus that first appeared in December. He's not shaken by a so-far-uncontained outbreak turning into a pandemic. God is not unmoored by our fear and anxiety. For us, He is a "strong tower" and a "fortress" (Proverbs 18:10, Psalm 62:2). Because of this, David wrote in Psalm 62, we, too should "never be shaken."

God has given us free will and intelligence. He's given certain people a passion for medicine and science, raising leaders up to meet needs like this. He's given all of us the ability to reason and the freedom to have faith in his sovereignty in times of great uncertainty.

Paul wrote in Philippians 4:6, "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done."

Be wise, listen attentively and follow instructions, and trust God. We will get through this, because regardless of the situation you're faced with, the Lord promises to carry each of us who turns to Him.

### **What C.S. Lewis and Martin Luther Would Say About Our Coronavirus Panic**

It's easy to panic in times of great uncertainty, like with the growing concern over the coronavirus, formally named COVID-19. We should all take necessary precautions, following the instructions given to us by medical experts.

We should also remember that, no matter the situation, nothing happens outside God's control or care. Scripture calls the Lord our "rock," our "fortress," and our "deliverer" (Psalm 18:2). Some 72 years ago, the great C.S. Lewis reminded his readers of those truths, calming fears over an atomic bomb.

Those words are just as appropriate now, regarding COVID-19. The following is an excerpt from an essay Lewis wrote in the 1940s, which is now found in a collection of his works called "Present Concerns."

In one way, we think a great deal too much of the atomic bomb. "How are we to live in an atomic age?" I am tempted to reply: "Why, as you would have lived in the sixteenth century when the plague visited London almost every year, or as you would have lived in a Viking age when raiders from Scandinavia might land and cut your throat any night; or indeed,

as you are already living in an age of cancer, an age of syphilis, an age of paralysis, an age of air raids, an age of railway accidents, an age of motor accidents."

In other words, do not let us begin by exaggerating the novelty of our situation. Believe me, dear sir or madam, you and all whom you love were already sentenced to death before the atomic bomb was invented: and quite a high percentage of us were going to die in unpleasant ways. We had, indeed, one very great advantage over our ancestors — anesthetics; but we have that still. It is perfectly ridiculous to go about whimpering and drawing long faces because the scientists have added one more chance of painful and premature death to a world which already bristled with such chances and in which death itself was not a chance at all, but a certainty.

This is the first point to be made: and the first action to be taken is to pull ourselves together. If we are all going to be destroyed by an atomic bomb, let that bomb when it comes find us doing sensible and human things—praying, working, teaching, reading, listening to music, bathing the children, playing tennis, chatting to our friends over a pint and a game of darts—not huddled together like frightened sheep and thinking about bombs. They may break our bodies (a microbe can do that) but they need not dominate our minds.

Lewis is not the only one with wise words in the middle of a panic. The 16th-century theologian Martin Luther had this to say during the bubonic plague, offering his thoughts in a letter titled "Whether One May Flee From a Deadly Plague" on how best to practically and spiritually overcome:

You ought to think this way: "Very well, by God's decree, the enemy has sent us poison and deadly offal. Therefore, I shall ask God mercifully to protect us. Then I shall fumigate, help purify the air, administer medicine, and take it. I shall avoid places and persons where my presence is not needed in order not to become contaminated and thus perchance infect and pollute others, and so cause their death as a result of my negligence. If God should wish to take me, he will surely find me and I have done what he has expected of me and so I am not responsible for either my own death or the

death of others. If my neighbour needs me, however, I shall not avoid place or person, but will go free

As Christians, it is OK to be concerned, particularly if we are in an at-risk class or love someone who is, like the elderly and those who are immunocompromised. But we don't need to be gripped with fear, because the Lord has given us a spirit "of power, love, and self-discipline" and has encouraged us to "pray about everything," telling him what we are scared of, worried about, and dwelling on (2 Timothy 1:7, Philippians 4:6).

### **Prayer for the Coronavirus outbreak**

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord.  
Amen.

### **Prayer for those in isolation**

God of compassion,  
be close to those who are ill, afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.  
Amen.

### **Prayer for medical staff and researchers**

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching for a cure.  
Strengthen them with your Spirit,  
that through their work many will be restored to health;  
through Jesus Christ our Lord.  
Amen.

## Church Notices



**Confidential help is available  
for those who are bereaved**

Contact  
**Helen Hills**

if you would like to find out more.  
**Bishop's Waltham 893498**

**A Time to Remember Service  
is hoped to be held at  
St. Peter's Church on  
Wednesday 13th May  
at 7.30pm**

Everyone is welcome to attend this service and light a candle in remembrance of a loved one.

An invitation to the service will be sent to the next of kin if the funeral details have been made known to St. Peter's Parish Office or the funeral was connected with St. Peter's Church.

However if you would like to remember a relative or friend who would not be known to the Bereavement Group because:

- the person lived somewhere other than Bishop's Waltham or Upham
- the funeral took place elsewhere including in another church in the area
- the funeral was not arranged by the local Undertaker

- the person passed away more than nine months ago,

please come but if possible, please let us know before the service, so that the name of the person you are coming to remember can be added to the list of names being read out during the service. You can do this by either ringing Helen Hills, 01489 893498 or speaking to one of the Bereavement Support Team when you arrive at the church.



**Reflective Taizé  
Service  
with Communion and  
Personal Prayer  
St. Peter's Church  
6.30pm**

**Next Service: Date tba**

A time of worship with Taizé\* music, periods of reflection and prayer followed by Holy Communion, and the opportunity for personal prayer (with the option of laying on of hands and/or anointing). Prayer Team members will listen to your needs and concerns in confidence, and then a simple prayer is said  
**ALL ARE WELCOME.**

\*Taizé is a community in France which was founded by a Swiss man, Brother Roger, in 1940 during the second world war, to promote unity in people from around the world so that they could join together in celebrating their faith in God. It continues as an active community. Services, attended by thousands, are held three times a day comprising prayers and simple, easily learnt chants, led by a choir of Brothers and visitors. You can find out more about the Taizé Community at: <http://taize.fr/en>.

## Requests for Prayer

**Philippians 4 v 6**

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.*

The Residents living in a group of two or three roads are prayed for at Morning Prayer (8:45am - 9:00am) in St. Peter's Church each weekday, so that during each month, all residents of Bishop's Waltham and Upham are prayed for in turn.

At Morning Prayer people for whom prayer has been requested are prayed for by name (just first name and no details are given and this is confidential within the group).

If you would like a person or yourself prayed for at Morning Prayer please do contact Wendy Cooper 896186 [wendy@barafundle.plus.com](mailto:wendy@barafundle.plus.com) or the Rector 892618

[jameshunt1966@gmail.com](mailto:jameshunt1966@gmail.com)

and you are welcome to come along. In addition there is a (locked) box for your Prayer request in the far corner of the north aisle of St. Peter's Church and two different colour forms for you to fill in.

If you would like to make a **completely confidential prayer request** please complete a green slip and put it in the box – one person will add the name to the 'Book of Requests for Prayer' which is placed on the altar during services. If you wish to be **publicly prayed for**, please complete a Yellow slip and the name of the person will appear on the weekly church notice sheet. If you are requesting public prayer for somebody else, that person must have given permission.

### *From the Registers of St. Peter's*

*February 2020*

#### **FUNERALS and THANKSGIVINGS**

11th February	Maureen Jones
25th February	Revd Martin Hughes
28th February	Richard Kirby

**The church is open during daylight hours and you are welcome to come in to pray or for quiet reflection at any time.**



# Church Notices



## FRIENDS of ST. PETER'S CHURCH

Reg. Charity No.  
299807

The Friends of St. Peter's (FOSP) is a registered charity (No 299807) whose role is to raise funds for the maintenance and enhancement of this historic building at the heart of our community.

Membership is open to all irrespective of religious affiliation or none.

Membership application forms available in the Church or from [ian.leesmith@btinternet.com](mailto:ian.leesmith@btinternet.com)

### *From the Registers for the Church of the Blessed Mary*

*February 2020*

#### FUNERALS and THANKSGIVINGS

25th February

Hazel Float

### Baptisms at St. Peter's Church and

### The Blessed Mary Upham

If you are interested in Baptism for your child  
(or having a thanksgiving Service)

please contact

**Liz Webb**

**tel: 01489 891760**

**or email: [ejw1557@gmail.com](mailto:ejw1557@gmail.com)**



## Please note:

copy deadlines for the next issues of

### The Parish News

**Saturday 4th April**

for

**MAY 2020**

**Monday 4th May**

for

**JUNE 2020**

#### EDITORIAL DESK EMAIL:

**[bwuparishnews@gmail.com](mailto:bwuparishnews@gmail.com)**

please CC to:

**[thunt46237@gmail.com](mailto:thunt46237@gmail.com)**

## Reverend Martin Hughes – a tribute

**W**E ARE HERE TO CELEBRATE THE LIFE OF MARTIN HUGHES, A MUCH-LOVED family man and a very popular Anglican vicar.

I have been asked to give this tribute because my wife Wendy, and I, are Joyce and Martin's oldest friends "as a couple". Wendy and I moved to Addlestone in August 1968, and decided to try out the local church - St Augustine's. There we encountered Martin, up at the altar, preparing for the service, with Catherine, aged about two, also up at the altar, "helping" her father! We decided that this was our sort of church, and we promptly joined! Martin came to our home to do a pastoral visit, and we had a nice chat, and drank some of my home-brewed beer. He did another pastoral visit a week later, and the week after that! We soon realised we had a new friend, and it certainly wasn't the beer, which was pretty dreadful!!

Another thing which brought us together was that he and I shared a birthday - February 25th, which was yesterday - and we sent each other amusing cards! However, he never forgave me for being a year younger than him!

But to go back to the beginning.... Martin was born in 1940, and was educated at Bedford School and Exeter College, Oxford. There he started off reading modern languages, but then answered his calling and swapped to theology. He went on to Chichester Theological College and was ordained as deacon by the Bishop of Southwark in 1963, and as priest in the following year. He served his curacy at Holy Trinity, Roehampton, where he met Joyce. They were married there in 1964. Catherine came along a couple of years later, and in 1968 he was made Priest in Charge of a daughter church in Addlestone. Ro was born that same year, and Nick five years later in 1973. In the meantime Martin was installed as the Vicar of Burpham, Guildford, in 1971. In 1988 he moved on to the parish of Shamley Green, also in the diocese of Guildford, and he remained there until he

retired in 2005. In retirement, he has taken services at numerous churches around here, and his attendance has always been appreciated.

As an example of how much Martin was liked and respected, when she asked me to give this tribute, Joyce handed me a box of about 150 cards and letters, both from former parishioners in Burpham and Shamley Green, and from members of the congregations of all the churches around here where he officiated, saying how much they will miss him. Here are a few examples:

"A remarkable man who gave so much to so many during his lifetime of Christian calling."

"He was the one priest around with whom one easily saw eye to eye, and if need be, fought side by side."

"He gave jolly good and thought-provoking sermons."

"He had a wicked sense of humour - if I can use that expression in connection with a clergyman!"

"A perfect gentleman, scholarly in his thoughts and sermons, some of which took a while to understand!"

"We appreciated his deep theological learning, his sense of humour, the twinkle in his eye, and his gentle teasing!"

"Martin gave powerful sermons. When I commented on this, he said, 'Well, they don't want pap!'"

His granddaughter, Sophie, thought that this poem, by Edgar Guest, sums up his attitude to sermons, and to his ministry in general:

"I'd rather see a sermon than hear one any day,

I'd rather one should walk with me, than merely tell the way.

The eye's a better pupil and more willing than the ear,

Fine council is confusing, but example's always clear;

And the best of all the preachers are the men who live their creeds,

For to see good put in action, is what everybody needs.

I soon can learn to do it, if you'll let me see it done;

I can watch your hands in action, but your tongue too fast may run.

And the lecture you deliver, may be very wise and true,

But I'd rather get my lessons by observing what you do."

Martin was always ready to "go the extra mile" to help somebody. Whilst at Shamley Green he took on the role of "appropriate adult" in conjunction with the local police. This resulted in numerous call-outs at all manner of times: if the phone rang and there was a need, Martin went! He never judged, and was never 'above' things, being always ready to stand up for those needing help. He was very involved with writing courses and training pastoral assistants and late ordinands in the Guildford Diocese, being both a priest and a teacher.

Martin christened all three of his own children, and three of his grandchildren. He also christened our daughter Sally, and was our son Robert's godfather. He was due to perform the marriage ceremony for our daughter Tracey, but doing their pre-marriage counselling, he advised them that they shouldn't get married. He thought we would be really upset by this advice, but we already had concerns, and were very grateful to him for "biting the bullet" and saying what needed to be said. Tracey is now happily married to someone else!

Turning from his 'church' work to the more personal side, he was a much-loved husband, father and grandfather, with three children and five grandchildren - Robert, Edward, Sophie, Tom and Toby. His nickname was 'Puff', and Joyce was known as 'Hedge'. She was his constant companion and friend, taking on the role of vicar's wife, which is not always an easy one, in addition to her work as a teacher. They enjoyed a strong and loving marriage.

He was also extremely practical, with one notable exception which we will get to in a minute. His woodwork was exemplary, and Catherine remembers the joy of "making stuff with my Dad in the garage, including life lessons, such as 'measure twice, cut once!'" She said, "He made our kitchen table and chairs, all three children's beds and umpteen other things.



He always arrived at our house with his tool box and box of glues!" Ro remembers coming out of school one day after it had snowed; Martin couldn't get the car all the way there, but he arrived to collect her with a sledge - which he'd built that day! Ed remarked that, "his superpower was seemingly being able to make or fix ANYTHING!!!" Several of his grandchildren noted that he always carried a penknife, and they hoped that Granny would continue to carry it, wherever she goes!

He was also a skilled model maker and model railway enthusiast. All of his children and grandchildren fondly remember helping him with his impressive model railway, which was never quite finished! His one blind spot, however, is illustrated in the photograph on the back of the service sheet. According to Nick, "Only a few weeks before his death, I had to gently warn my youngest son never to agree to 'help' Grandpa with anything that involved plugs or wires."

Martin did have one rather curious habit. When printing out sermons, he would cut each sheet of paper into two - one part square, which he used for the sermon, and an offcut, which he used for scrap! The reason for this was that Joyce's father had given him a load of Imperial-sized paper when they were first married, which turned out to be exactly the right size for pulpit book rests. When this paper finally ran out, he made his own!

His grandson, Ed, valued his wisdom and his positive attitude. When Ed had to rethink his future after spinal surgery, Martin sent him the following text: "It is said that when one door closes, another opens. Probably true, but you need to look very carefully at what's on the other side"! Ed also remembers his "obsession with steam traction engines"!

Another of his grandsons, Rob, said "Grandpa taught me lots of things, about woodwork, trains, model making, language, the best outlook to have in life (same as mum's, funnily enough): the list goes on!" Rob went on to say, "He both christened and confirmed me. I had dreamed that he would one day perform my marriage ceremony. It breaks my heart

to think it will be someone else."

Another of Martin's interests was singing. Several people commented on his "fine tenor voice", and he sang regularly with Botley Choral Society, some members of which are here today. They will be joining with the church choir to sing throughout the Service. Ro commented that her father was born of a musician and an engineer - hence his love of music and singing, and also of model railways and carpentry!

A recurring theme in the comments of his children and grandchildren was the matter of sharpening chisels! Ro said that, "Chisels given to him by a former schoolmaster as 'old tools' are still in use, sharp and in excellent condition - just a bit shorter!" Rob said his grandfather taught him to sharpen a machete and an axe. Nick mentioned being taught to sharpen a saw and a drill bit. When it came to bringing up his offspring, Martin was certainly on the 'cutting edge'!

Joyce and Martin have been friends with Ann and Tony for many years. Tony shares with Martin some skill at "fixing things", which has got them both into trouble! He recalls an occasion when "a tap in the churchyard at St. Luke's developed a severe leak. With no obvious way of turning the water off, we had to remove the faulty washer whilst water spurted out, until the replacement could be fitted. A wet and cold experience!" He enjoyed helping Martin with his model railway, recalling that, "On one occasion, he was dismayed to find that his beautiful layout had been attacked by mice, which had obviously enjoyed their supper!"

Here is what Rob said about Martin's final few weeks: "In the hospital he was trying to look after us more than we were looking after him. He was not scared or anxious, his only concern was our sadness. He blessed us and told us not to be afraid or upset. At one point he told me, "Do not worry, death is just a path we must take. It will be ok. He never lost his spirit his enjoyment of life or his Grandpa sense of humour. One of the last things he was able to do was laugh."

Today is, of course, Ash Wednesday, and when Martin's funeral was being planned, there was concern over whether this was a suitable day. However, Catherine settled

the matter by saying, "If I could interrupt Ash Wednesday to be born, Dad can interrupt it for his funeral!"

To end with a comment from a former parishioner: "The words: *Well done, good and faithful servant* spring readily to mind!"

Farewell, Martin - we will miss you!

*Mike Whittle*

## Y a r n Bombing 2020

Once again, the Town Team invites you to "yarn bomb" Bishop's Waltham. Street furniture will be covered with knitted yarn and shop windows will contain knitted items. The yarn bombing will be set up on Saturday 2nd May and will stay up for 2 weeks.

If you can knit or crochet, now is the time to start. If you can't, then now is the time to learn!

The yarn bombing will be used to encourage donations for the Gateway Club, the social club for local adults with learning difficulties. This will hopefully encourage more knitters to spend their time profitably.

If you have any queries please contact [robert.shields@xmoor.com](mailto:robert.shields@xmoor.com) 894289.



## THE KING'S CHURCH

THE KING'S CHRISTIAN CENTRE  
High Street  
Bishop's Waltham

Pastor: Tony Cauchi



Church Office Tel: 01489 894734  
E-mail: [admin@kingschurch.org](mailto:admin@kingschurch.org)

If you are a frequent user of social media sites you will have probably come across quotes that are often posted by users, telling us all of some deep wisdom or truth. One that I saw recently said... 'But you'll never find peace of mind, 'Til you listen to your heart.' Although the sentiment is well-meaning, it doesn't actually say much when you stop to think about it.

I know that 'Peace of mind' is something that we all long for, but to be honest, listening to my heart is not going to help me much. People want peace of mind but also peace in the heart a well.

On the other hand, in the bible we see these words of wisdom and comfort written...

*Do not worry about anything, but pray and ask God for everything you need, always giving thanks. 7 And God's peace, which is so great we cannot understand it, will keep your hearts and minds in Christ Jesus. Phil 4:6*

In these words of reassurance we see that God's encouragement to us is that we needn't worry if we come to him in prayer. When we come to him in prayer he gives us his peace and God's peace is so amazing that it actually guards our hearts and minds. That's right, God's peace is so powerful and fulfilling that it actually staves off worry and fear and other things that would seek to cause us anxiety. So relevant for all of us in these days.

I have personally found these words hugely encouraging during the current times and I hope that they do the same for you!

If you are in need of peace at this time, not just in your mind but in your heart as well, or maybe prayer about the particular situation that you are facing, or indeed any help, comfort, or just a listening ear, then please do not hesitate to contact us at [kingshelpbw@gmail.com](mailto:kingshelpbw@gmail.com) or visit our website [www.kingschurch.org](http://www.kingschurch.org)

### A Prayer for the National Day of Prayer and Action



Come, O Spirit of God,  
and make within us your dwelling place and home.  
May our darkness be dispelled by your light,  
and our troubles calmed by your peace;  
may all evil be redeemed by your love,  
all pain transformed through the suffering of Christ,  
and all dying glorified in his risen life.  
Amen.

## OUR LADY QUEEN OF APOSTLES ROMAN CATHOLIC CHURCH

Parish Priest: Father Alan Griffiths  
St. Swithun Wells Parish Office  
Tel: 02380 273882

email: [stswparish@portsmouthdiocese.org.uk](mailto:stswparish@portsmouthdiocese.org.uk)  
email [frgriffiths@portsmouthdiocese.org.uk](mailto:frgriffiths@portsmouthdiocese.org.uk)



OUR LADY QUEEN OF APOSTLES ROMAN CATHOLIC CHURCH STANDS on Martin Street at the top of Victoria Road, looking out over fields and trees. This beautiful church was built on the site of the old Priory, which was for many years occupied by the White Fathers, a Catholic missionary society.

As of last weekend, all celebrations of Mass and other public services in the Catholic Diocese of Portsmouth (which includes Bishops Waltham) were suspended.

We are hoping to have the Church open and accessible on Sunday morning and on mornings during the week, if we can find the volunteers to staff it. Social distancing and the usual hygienic precautions must be taken on entering.

Currently we are trying to set up the live streaming of Holy Mass in one of the bigger churches of this Parish of St. Swithun Wells, and the online site known as Universalis has all the liturgical prayers for Mass and the Liturgy of the Hours for everyday access [www.universalis.com](http://www.universalis.com)

**Canon Alan Griffiths**

[frgriffiths@portsmouthdiocese.org.uk](mailto:frgriffiths@portsmouthdiocese.org.uk)

Visit our Parish Website or contact us for more information:

St. Swithun Wells Parish Office

Tel: 023 8027 3882

e-mail [stswparish@portsmouthdiocese.org.uk](mailto:stswparish@portsmouthdiocese.org.uk)

website: [www.stswithunwellsparish.org.uk](http://www.stswithunwellsparish.org.uk)



## UNITED FREE CHURCH BISHOP'S WALTHAM (METHODIST AND UNITED REFORMED CHURCH)

St. Paul's Church, Basingwell Street, Bishop's Waltham SO32 1AL

Ministers: **Rev. Joseph Tembo**

Minister for the Meon Valley Methodist Circuit (01329 833518)

**URC Minister to be appointed**

Minister for Fareham and Sarisbury Green United Reformed Churches (01329 234401)

Stewards: Allison McNally (890957); Jane Gentry (890961); Peter Wall (892904); Jenny Hallam (890149)  
Angela Fry (894625); Liz Sorsky (895751)



Our church family prays that everyone in our Bishop's Waltham community will be safe and remain healthy throughout the course of the current COVID-19 epidemic.

We also pray for those who may be adversely affected either through illness or as a result of the measures taken to restrict the impact of the virus.

**Even though all our church meetings and services have been cancelled, we will do the best we can to help and support anyone in need.**

**Please telephone 01329 833518 or 07973 529415.**

### FROM THE METHODIST MINISTER OF THE MEON VALLEY CIRCUIT

I write this letter in the current context of the spreading global pandemic that has sadly reached our country, and the sad losses of life. We have suspended all meetings and public worship in all the Meon Valley Circuit of the Methodist Church. Alternative worship resources are being considered at this stage, including internet based services, as well as the ones available at [www.methodist.org.uk](http://www.methodist.org.uk)

Please feel free to ask us if there is something you need to know and we will do our best between us to find out the answer for you. We will all have to practice patience and kindness to each other and the wider community as we stay together to get through this challenging time by God's help.

Some have been very disappointed that we have had to have public worship and meetings suspended. That is understandable. We can take comfort, I hope, in the knowledge that our God is not confined to our buildings, and that when circumstances such as has been dictated by COVID-19, it is alright for us not to gather together in buildings. It only becomes wrong if there are no good reasons why we choose not to meet together in one place.

There were times in the Bible when people had to go into isolation. See Leviticus 13. The goal of what was commanded was to stop the infections from spreading to the whole community. The measures we are all to observe are targeted at the same goal. It is about preserving life. One of the Methodist Church distinctives is the tenet "Do no harm".

During this time of isolation or a possible lockdown, we should pray for one another, pray for the world, pray with our families, and read good Christian materials, especially the Bible and pray around what you read. Please think about fellow-Christians, neighbours, work colleagues and friends. Email them or phone them to see how they are and offer some hope as you are able.

I leave you with **Psalm 27**, and pray that you observe all the good hygiene guidance to take care of your own wellbeing and that of everyone else.

*Yours in Jesus Christ,  
Rev. Joseph Tembo.*

### Psalm 27: 13-14 NIV

*I remain confident of this:*

*I will see the goodness of the Lord*

*In the land of the living.*

*Wait for the Lord;*

*Be strong and take heart*

*And wait for the Lord.*

### Prayer

*We thank you, God, for all those who work in the health services, for friends and family, who care for the lonely and isolated, risking their own lives to care for those in need. Please protect them.*

*God our Mother, we pray too that governments and all who are in authority, may work together to develop and implement strategies to minimise the spread of the virus and to manage the existing need.*

*God our Father help us respond with responsibility to the recommended precautions and to avoid situations which may make things worse.*

*God our Healer, we pray for our sisters and brothers who have been diagnosed with the Covid-19 virus throughout your world.*

*Jesus our comforter, we bring before you, those who now mourn the death of their loved ones as a result of the pandemic. May your comforting hand now rest upon them, so that they may continue to know your love even at this time.*

*Holy Spirit, may your peace that surpasses all understanding fill the hearts and minds of all who are anxious, fearful and uncertain as the virus continues to claim lives.*

*We pray for the Church to make difficult decisions, while continuing to fulfil its calling to love and care for all. May it be encouraged, strengthened and equipped by you in the power of the Holy Spirit.*

*We pray this in the name of your precious son, our friend, Jesus Christ. Amen*

Adapted from a prayer by Rev. Charity Nzegwu, Minister of Royston Methodist Church

*Lord, we praise you for every single act of good that is done, for every ounce of love that is shown, for every kind deed, act of grace and act of mercy.*

*In Jesus' name. Amen.*





# Diocese of Portsmouth St. Thomas Award – Janice Romer

**I** AM VERY PLEASED TO LET YOU ALL KNOW THAT JANICE HAS BEEN AWARDED THE ST. THOMAS AWARD\* IN THANKS

recognition for all she does for in our community and church life for others.

Janice has attended St. Peter's Church since the late 1970s. Her Christian faith has been exemplified by her generosity of time in many aspects of church life. She helped run our church Youth Club when she came to Bishop's Waltham, participated in the Deanery Calabar and Uyo mission link, and more recently arranged overseas Mission visits to Wiawso as part of our Deanery Ghana link and to Uganda for our parish link with WatSan – a Christian water and sanitation project. She has been a Churchwarden, is



a member of the Mission Team, belongs to a Homegroup and Mothers' Union and is the current leader of the St. Peter's outreach Ladies Group. She caters for Messy Church, Sunday Café Church and for church and

community events with the Social Committee team. In addition, she is generous of her time in helping individuals in need of support - using her professional experience – and although retired, works in this capacity occasionally.

In the Community these caring skills have also been used in a variety of roles. Janice has been an Ambassador for HomeStart Hampshire as well as a family support volunteer. She is a HeartStart Trainer, a key member of the Thursday Lunch Club team and has been a First Responder.

All that Janice does is carried out in a most gentle, quiet, calm unassuming way and many appreciate her wise counsel. She serves God and her Community well. Janice was presented with her award on 22nd March at Portsmouth Cathedral. Well done Janice!

*Revd James Hunt*

\*This award recognises exemplary Christian service to the community, the world or the church. Many in our diocese serve generously and faithfully without expecting or needing thanks or recognition. My intention in initiating this award four years ago was to honour all that is done in Christ's name and especially to mark particularly distinguished service outside the church community as well as within it. Nominations continue to emphasise the committed and generous service of many for the Gospel. I give priority to service beyond the church community where the person has made a significant impact in society or the wider local community.

*Bishop Christopher*

## 10 things to do whilst social distancing

Coronavirus and social distancing is limiting, especially when trying to plan evening or weekend activities. Initially being at home can be a novelty, but after a while we all need new ideas to stop ourselves from becoming bored and to remain in contact with our community.

### 1. Gardening

With the weather improving keep yourself active and start gardening. This is a great time to start weeding, pruning, planting and maybe a little

bit of outdoor DIY with the help of an online tutorial from YouTube. Make your garden the talk of the street!

### 2. Workout

De-stress with an in-home daily workout. If social distancing has you feeling down or inactive, take-up exercise as a proven mood-booster. Download free fitness apps, like Nike Training Club, 7 Minute Workouts or Simply Yoga. Don't forget YouTube offers a wide range of kickboxing, yoga, HIIT, and other video-streamed routines.

### 3. Read a new book

Lose hours within a new book – You can download ebooks from a range of websites - just google 'ebooks'.

### 4. Go for a walk

If you're healthy and just working from home, then get out outdoors and enjoy the fresh air. As long as you maintain distance from others, there's no reason you shouldn't go out and get some exercise on a local walk.

### 5. Go to the park

Why not take the time if healthy and visit a local park, enjoy the changing colours of spring.

### 6. Support local businesses online

Support local businesses with a little online local retail therapy or a tasty takeaway to spice up your weekend.

### 7. Meditate

Relax or learn to cope with stress through mindfulness meditation, read Age UK's beginners guide to mindfulness.

### 8. Hang out with your pet

Hang out with your pet. If you must stay indoors why not attempt to teach them a new trick or if you're healthy, try new local walks.

### 9. Write letters

If we can't visit our nan, grandad or elderly relatives during this time, keep in contact by writing weekly letters so they can keep up to date with your lives.

### 10. Explore museums online

Add a little of bit of culture to your life and explore hundreds of global museums thanks to Google Arts & Culture.

# Lockdown

Yes there is fear.  
 Yes there is isolation.  
 Yes there is panic buying.  
 Yes there is sickness.  
 Yes there is even death.

But,  
 They say that in Wuhan after so many years of noise  
 You can hear the birds again.  
 They say that after just a few weeks of quiet  
 The sky is no longer thick with fumes  
 But blue and grey and clear.  
 They say that in the streets of Assisi  
 People are singing to each other  
 across the empty squares,  
 keeping their windows open  
 so that those who are alone  
 may hear the sounds of family around them.  
 They say that a hotel in the West of Ireland  
 Is offering free meals and delivery to the  
 housebound.

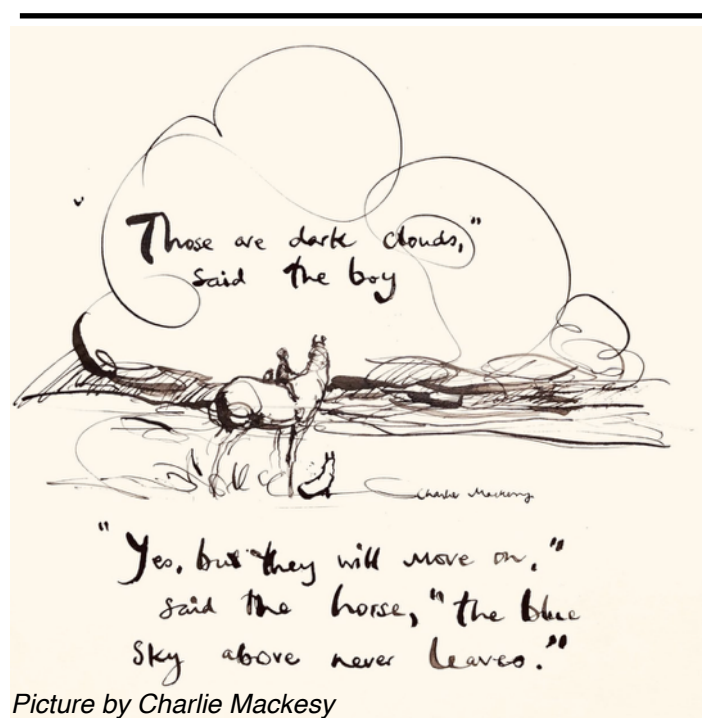
Today a young woman I know  
 is busy spreading fliers with her number  
 through the neighbourhood  
 So that the elders may have someone to call on.  
 Today Churches, Synagogues, Mosques and  
 Temples  
 are preparing to welcome  
 and shelter the homeless, the sick, the weary

All over the world people are slowing down and  
 reflecting  
 All over the world people are looking at their  
 neighbours in a new way  
 All over the world people are waking up to a new  
 reality  
 To how big we really are.  
 To how little control we really have.  
 To what really matters.  
 To Love.

So we pray and we remember that  
 Yes there is fear.  
 But there does not have to be hate.  
 Yes there is isolation.  
 But there does not have to be loneliness.  
 Yes there is panic buying.  
 But there does not have to be meanness.  
 Yes there is sickness.  
 But there does not have to be disease of the soul  
 Yes there is even death.  
 But there can always be a rebirth of love.  
 Wake to the choices you make as to how to live  
 now.

Today, breathe.  
 Listen, behind the factory noises of your panic  
 The birds are singing again  
 The sky is clearing,  
 Spring is coming,  
 And we are always encompassed by Love.  
 Open the windows of your soul  
 And though you may not be able  
 to touch across the empty square,  
 Sing.

**Fr. Richard Hendrick, OFM**



Picture by Charlie Mackesy

# Bishop's Waltham & Upham Support while self-isolating and social distancing

## MEDICINES AND PRESCRIPTIONS



Free prescription delivery service - call 01489 892499

Opening hours:  
Mon-Fri 8.30am-6pm  
Saturday 8.30am-5pm



Prescription delivery service  
Phone 01489 892603

Opening hours:  
Mon-Fri 9am-6pm  
Saturday 9am-5pm

Anyone who has a family member that is unwell, possibly with coronavirus should not go to their local pharmacy to pick up medication.

Pharmacists, dispensers and healthcare assistants are working tirelessly to keep your prescriptions dispensed and shelves stocked and need to remain well to keep the services running. Please think before entering your local pharmacy!!

The Parish Council Self-Isolation helpline can also arrange prescription delivery for you.  
Telephone 01489 892323  
(Mon-Fri 9am-4pm)

## HEALTHCARE

Stay at home if you have coronavirus symptoms. Either:

### - a high temperature

This means you feel hot to touch on your chest or back (you do not need to measure your temperature)

### - a new, continuous cough

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).

**Do not go to a GP surgery, pharmacy or hospital.**

Use the 111 coronavirus service  
[www.111.nhs.uk](http://www.111.nhs.uk)

Only call 111 if you cannot get help online.



Bishop's Waltham Surgery

Tel: 01489 892288

Econsult:

[www.bishopswalthamsurgery.nhs.uk](http://www.bishopswalthamsurgery.nhs.uk)



Mobile  
Dental  
Service

\*fees apply\*

01962 790156  
smile@omu.dental  
www.omu.dental

[www.facebook.com/omudental](https://www.facebook.com/omudental)

## SHOPPING AND ESSENTIALS



Fresh fruit, vegetables and essentials.

Home deliveries.  
01489 892518



Fresh meat and ready-to-cook items. Home deliveries.

01489 891937



Fresh and frozen fish and seafood. Home deliveries.  
01489 896111



01489 892706

Opening hours:  
Mon-Sat 8am - 7.30pm  
Sunday 10am - 4pm

Delivery service: available by phone only from 8.00am. Pay by cash or cheque on delivery.



01489 895262  
Mon-Sun 6am to 8pm

Special opening hour for vulnerable people, over-70s and NHS workers: 9.30 to 10.30am

No delivery service at present.



## FOOD AND DRINK

All of these pubs, cafes and restaurants are offering takeaway and/or home delivery service



**Giorgio's**

01489 894476

[www.giorgiosbar.com](http://www.giorgiosbar.com)

**PICCOLA ROMA**

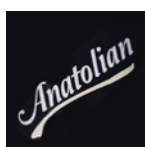
01489 892502

[www.piccola-roma.co.uk](http://www.piccola-roma.co.uk)



01489 890284

[www.facebook.com/juliaskitchenbw](http://www.facebook.com/juliaskitchenbw)



01489 890144

[www.anatolianturkish.co.uk](http://www.anatolianturkish.co.uk)



**The Brushmakers Arms**

01489 860231

[brushmakersarms@gmail.com](mailto:brushmakersarms@gmail.com)  
[www.thebrushmakersarms.com](http://www.thebrushmakersarms.com)

**STONEHOUSE**

• PIZZA & CARVERY •

The Alma

01489 860227

## FOOD AND DRINK



**Jumbo R2**

07588 886663



**Waltham Tandoori**

01489 894684



**Lush Pizza**

07443 570818

[www.thelushpizzacompany.co.uk](http://www.thelushpizzacompany.co.uk)

## HOME AND GARDEN



**Garden and outdoor maintenance services**

[lee@ls-maintenance.com](mailto:lee@ls-maintenance.com)

07514 818775



**FOX GARDEN MACHINERY**

[www.foxgardenmachinery.co.uk](http://www.foxgardenmachinery.co.uk)

01489 893311

## Bishops Waltham Parish Council



## SELF-ISOLATION

**If you have been advised to stay at home because of the coronavirus you may need help.**

**Please call this number if you need advice or support.**

**01489 892323**

**Weekdays 9am – 4pm**

**Please continue to use local services for food and prescription deliveries as you normally would.**

**This support line is to offer additional help while people are at risk of isolation.**

**Whether it's a friendly voice on the end of a phone, help with dog walking, basic food supplies or just to find out what else is around to help.**

**We're in close contact with many local groups and organisations and can put you in touch with them as needed.**

# Upham Village Support

## while self-isolating and social distancing

### Upham Community Group

With the Coronavirus now affecting many more people it's understandable that Upham residents will feel concerned about their own

Please be aware that the Upham Community Group is here to help you if you are not able to leave your home and need assistance.

Please contact one of the volunteers below or email [commshub@uphamvillage.org.uk](mailto:commshub@uphamvillage.org.uk)

Janet Dunford	860579
Jane Beloe	860452
Cyn Kimble	860327
Jane Brown	860257
Clare Elliott	860193
(Co-ordinator)	

We have sent out a letter to all Upham residents.

The Parish Council would like to offer the following thoughts and information:

- If you need help or information, don't hesitate to ask. There are many people willing to offer this help – shopping, dog walking, prescriptions, a friendly ear. Make sure you know the helper.

- If you'd like to offer help please contact the Community Group by emailing [commshub@uphamvillage.org.uk](mailto:commshub@uphamvillage.org.uk)

- Please feel free to contact the Parish Councillors if you need anything, or even if you just want to chat.... For example, let us know if you'd like a daily phone call. Contact [uphamparishcouncil@gmail.com](mailto:uphamparishcouncil@gmail.com)

- Our local pub, the Brushmakers, is doing a delivery/takeaway service for meals. For menus see [www.thebrushmakersarms.com](http://www.thebrushmakersarms.com) Takeaway fish and chips every Friday. Contact Nicky and Reece on 860231 or email [brushmakersarms@gmail.com](mailto:brushmakersarms@gmail.com)

- A number of shops in Bishop's Waltham are offering home delivery - see pages 16-17

- Keep an eye on your neighbours.

- Loneliness will be a problem for many of us so keep in touch with friends and family by phone, email etc.

- Keep an eye on the NHS site [www.nhs.uk](http://www.nhs.uk) and the government website [www.gov.uk](http://www.gov.uk) for updates on the situation.

- Follow Upham Village on Facebook [www.facebook.com/uphamvillage](http://www.facebook.com/uphamvillage)

- Now the schools are closed, please share suggestions as to how you're going to keep the children active, healthy and happy.

- The Blue Lamp Trust is offering key safes fitted outside your house at cost if you are self isolating. Contact 0300 777 0157

- Be kind – think of others



# The Brushmakers Arms

Food and drink deliveries  
within a 3-mile radius!

01489 860231

brushmakersarms@gmail.com

We are offering food and booze to all those who are isolating or who are under the weather. All ingredients in our food, are local and seasonal and we have tried to provide as much nutritional value as possible to help boost our immune systems!

This is new to us so bear with whilst we get into the groove! We are keeping the menu small to guarantee freshness with a quick turnover. We will change menus every week unless people absolutely love something and want us to keep it!

We also have take away/delivery beer cartons and a small wine list if you fancy a tippie or your favourite pint!

## Food Menu

**Split pea and ham soup. Crusty bread £5 (generous portion)**

(split peas, carrot, celery, Greenfield ham, ham stock, onion)

**Holt estate Lamb Stew, crusty bread £12 portion for 2 people**

(Holt estate lamb, celery, carrot, potato, onion, garlic, lamb stock)

**Beer battered haddock, fat chips (or fries), crushed minted peas £12 a portion**

**Fish pie, topped with mash served with peas £10 for 2 people**

(trout, smoked haddock, white wine sauce, buttery mash)



**Steak and Red wine shortcrust pie, mash and greens £6 single or £15 for 4**

(grass fed chuck steak, onions, beef stock, red wine, butter shortcrust)

**Vegan spanish roasted red pepper and butterbean stew. Crusty bread £8 for 2**

(tomatoes, red pepper, butterbeans, carrot, celery, potato, veg stock, hot smoked paprika)

Add Greenfields pork to the above £10

**Sticky toffee pudding, toffee sauce and custard £4 a portion**

## Drinks Menu

Ales £3.00 a pint (2 pint containers)

Flowerpots Goodens Gold, Flack Manor double drop and Bowman Meon valley bitter

French Merlot £10

Italian Pinot Grigio £10

Payment can be in cash or card. With a card we will have to take card details on delivery to input on our return to the pub (processed as an off sale).

We have bars of soap for sale and are awaiting delivery of loo rolls.

Look after yourselves everyone.  
Lots of love to you all Nicky and Reece



# The Stay Home Superheroes

*A therapeutic story to help children understand the importance of staying at home at this time*

ONCE UPON A TIME THERE WAS A BIG, BUSY WORLD. IN THIS BIG, BUSY WORLD THERE lived a little boy called William. William loved going to school to play with his friends, going to the park with his mum and going swimming with his dad.

But one day, everything started to change. William heard on the news that there was a Big Problem. This problem was so big that it started to spread over the whole world. All the grownups were talking about it. All the children were talking about it. In fact, every single person in the whole world was talking about it. Everyone started to feel worried and scared about the Big Problem.

Soon, the Big Problem caused some big changes. At first daddy stopped going to work, then mummy stopped taking him swimming, then he found out that school was cancelled and day by day the big, busy world he lived in got quieter and quieter and quieter.

William was confused. He felt scared too. He had so many questions. What was going on? Would it be OK? How could they stop the Big Problem?

He went to ask his mummy all of his big questions. "It's OK to be scared and worried, lots of other children feel that way, even adults feel scared too sometimes" she told him, giving him a BIG hug.

"But all of the very best, cleverest people in the whole world are working hard to fix the Big Problem right now" she explained.

This made him feel a little bit better. Surely the cleverest people in the world could find a way to fix it! But it was such a Big Problem, and he was still scared. He had to do something.

Mummy explained that there were lots and lots of special helpers working

hard to save the world and stop the problem.

"Like superheroes?" said William.

"Just like superheroes." said mummy, smiling.

William wanted to be a superhero too. This was his chance! Super William to the rescue! He jumped up, ready to run outside and join all the other superheroes to fight off the Big Problem and save the world, but his mummy stopped him and locked the door.

"HEY! How can I help fight the Big Problem if I'm stuck inside?" he asked.

"Well, we DO need you to help. Everyone is going to have to help to solve this Big Problem. And YOU are going to have a very special job indeed. You are going to become a Stay Home Superhero!"

William had never heard of THAT kind of superhero before. Mummy told him that Stay Home Superheroes could help fight off the Big Problem by using their Stay Home Superpowers. But what were they? He tried so hard, but he didn't have super strength or super speed either. In fact, he felt exactly the same as before.

"The Big Problem can't be solved with super strength, or super speed. The Big Problem will only stop growing if all the new Superheroes use their Stay Home Superpower to stay at home. In fact, if all the new Stay Home Superheroes work together the Big Problem will get smaller, and smaller and smaller every single day, until it goes away!" mummy explained.

"But staying home is a boring superpower!" said William in a grump.

"Boring? No way! You have the superpower to make this fun! And



staying home is how YOU can help to save the whole world- there's nothing more powerful than that!"

Just staying home and having fun could save the whole world? And he would be a real-life superhero? William started to feel excited. He started to feel powerful too! He couldn't wait to tell all his friends that they could turn into Stay Home Superheroes just like him!

William got to work quickly, using his Superhero creativity to think of all the fun things he could do at home. He made a long list with his mummy and daddy: pillow forts and cooking and games and dancing and puppet shows and singing and movies and MORE! Even better, William found out he could still play in the garden and go outside too, as long as he stayed away from all the superheroes who lived in different houses. They could wave to each other and wink, because they all knew the special job they were doing! William did miss playing with his friends and going swimming and to the park. But then he remembered how important his new Superhero job was. He was helping to save the whole world and that made him feel so good inside. He was very proud of himself. Then he fired up his superpowers ready to find something fun to do. William the Stay Home Superhero and all his superhero friends worked hard together to help save the world, all without leaving their homes. And now you know, you can be a superhero too!

*Shared by Bishop's Waltham  
Junior School from  
[www.facebook.com/SophiesStories1](https://www.facebook.com/SophiesStories1)*

## Make a rainbow of hope



Over the next few weeks, children will be able to leave the house, but will be unlikely to see their friends as often as they usually do. To make lives more interesting, why not make a rainbow picture and display it in your window? Then, when they're out and about, they'll be able to look for the rainbows in people's windows.

## Support for Young People

### Coronavirus support



Keep calm



Stay connected



Be safe

UK YOUTH NYA

[www.ukyouth.org](http://www.ukyouth.org) have launched some information on the Coronavirus aimed at young people. There is also guidance for adults on how they can explain what's happening to young people to help them understand and try to remain calm.

## Staying well when self-isolating

**1: Establish a daily routine.** Routines provide structure and purpose.

**2: Balance your weekly routine.** Have a good mix of work (activities that have to be done), rest and leisure.

**3: Think about activities most important to you.** Can you adapt them to carry out in the home? For example, instead of a fitness class, following an online exercise routine.

**4: Set daily goals.** This will provide purpose and a sense of achievement. Consider the list of things you never get round to doing.

**5: Identify triggers that make you feel low.** Look for ways to reduce or manage them.

**6: Talk with family, friends and neighbours.** Help them understand how you feel and how they can help.

**7: Take care of yourself.** Eat and drink healthily with plenty of fruit, vegetables and water to support your immune function and energy levels.

**8: Avoid staying still for too long.** Exercise and regular movement will maintain fitness and strength. If working from home, take breaks and eat away from your desk.

**9: Have a good sleep routine.** If you are struggling, try avoiding tea and coffee in the late afternoon, have a bath, try listening to gentle music or deep breathing exercises.

**10: Keep in touch.** Arrange to speak with someone most days on the phone, through social media or over the garden fence.

## A note to parents.....

**Y**OU MIGHT BE INCLINED TO CREATE A MINUTE BY MINUTE TIMETABLE FOR YOUR CHILDREN.

You may have high hopes of hours of learning, including online activities, science experiments, and book reports. You may limit technology until everything is done. I ask you to consider...

Some of our children are just as scared as we are right now. Our children not only hear everything going on around them, but they feel our tension and anxiety. They have never experienced anything like this before. Although the idea of being off school for 4 weeks or more sounds exciting for some, they are probably picturing a fun time like summer break, not the reality of being at home and not seeing their friends.

Over the coming weeks, you may well see an increase in behavior issues with your children. Whether it's anxiety, or anger, or protest that they can't do normal things - it could happen. You will potentially see more meltdowns, tantrums, and oppositional behaviour in the coming weeks. I offer that this is normal and expected under these circumstances.

Please try and play outside and go on walks. Bake biscuits and paint pictures. Play board games and watch movies. Do a science experiment together or find virtual field trips of the zoo. Start a book and read together as a family. Snuggle under warm blankets and do nothing.

Please don't worry about them regressing in school. Every single child is in this boat and they all will be okay. When we are back in the classroom, we will focus on their learning and meet their educational needs. Don't pick fights with your children because they don't want to do their maths. Don't insist on 2 hours of learning time if they are resisting it.

If I can leave you with one thing, it's this: at the end of all of this, their mental health will be more important than their academic skills. How they felt during this time will stay with them long after the memory of what they did during these weeks is gone.

We all hope your families and loved ones are well and we will look forward to being a school together again.

**Darren Campbell**

*Headteacher, Bishop's Waltham Junior*

## 30 Day Lego Play Challenge

Follow the instructions for each day. The only rules are 1) use your imagination, 2) have fun!

[www.mykidstime.com](http://www.mykidstime.com)

<b>DAY 1</b> Build a new house	<b>DAY 2</b> Build a boat that floats	<b>DAY 3</b> Build a wild animal, e.g. a crocodile	<b>DAY 4</b> Build a castle fit for a King and Queen	<b>DAY 5</b> Build an amazing hotel to stay in
<b>DAY 6</b> Build with your eyes closed for 5 minutes	<b>DAY 7</b> Build a rainbow	<b>DAY 8</b> Build anything using exactly 100 LEGO pieces	<b>DAY 9</b> Build a whale	<b>DAY 10</b> Build a space ship
<b>DAY 11</b> Build a birthday cake	<b>DAY 12</b> Build a pirate ship	<b>DAY 13</b> Build an airplane	<b>DAY 14</b> Build your favourite TV show character	<b>DAY 15</b> Build a model of your room
<b>DAY 16</b> Build a pyramid	<b>DAY 17</b> Build a car	<b>DAY 18</b> Build a robot	<b>DAY 19</b> Build a village	<b>DAY 20</b> Build a box with a lid
<b>DAY 21</b> Build a marble run	<b>DAY 22</b> Build something on wheels	<b>DAY 23</b> Build something that makes a noise	<b>DAY 24</b> Build a pencil holder	<b>DAY 25</b> Build a picture frame
<b>DAY 26</b> Build something flat	<b>DAY 27</b> Build a tower	<b>DAY 28</b> Build a simple machine	<b>DAY 29</b> Build an amazing maze	<b>DAY 30</b> Build a swimming pool



# UPHAM PARISH COUNCIL

## February 2020

Upham Parish Council held their Monthly Parish Council Meeting on Monday 24th February, 2020 in Upham Village Hall. Cllr Halsall (Chair), Cllr Ashe, Cllr Snowdon and Cllr Croucher were present. Also, in attendance was Mrs Anne Collins (Clerk). Apologies were received from Cllr LeMay, Cllr Dalley, County Councillor Humby, District Councillor Lumby and District Councillor Ruffell.

### HIGHWAYS REPORT

Cllr Snowdon gave a detailed Highways Report. Included in the Report was a Meeting held with HCC Officers to discuss the Winchester Road proposals. The Speed Indicator sign is now operational, and data is being collected. All the sites now have approved Licences and the sign will be moved every two weeks. It was hoped that the proposals for the Winchester Road would be available for residents to comment on at the Parish Council Annual Meeting in April but due to the Coronavirus outbreak, alternative arrangements will be made in due course. HCC Officers are also visiting the blocked drains in Upham Street to try and resolve the matter.

### FIBRE BROADBAND

Cllr Ashe reported work is being carried out in Upham by BT Openreach, so it appears that we are still on track to receive the faster broadband by the end of June, 2020.

### EASTLEIGH LOCAL PLAN

There has been no result from the Inspector regarding the Planning Hearing for the Eastleigh Local Plan, and it is anticipated that it will take a while for the Inspector to give a result.

### TORBAY FARM FLOODING

District Councillor Lumby informed Parish Councillors that he has visited Torbay Farm and residents to enquire about the flooding issues. An update from the enforcement team is awaited.

Steve Comley will be asked to view the play area with a view to maintaining it once the Parish Council takes over responsibility. Councillors agreed that they would take over responsibility for the Play Area, although they are disappointed that Bargate are not prepared to put up a fence or thicken up the hedge along the far end of the play area adjacent to the ditch.

### VILLAGE DESIGN STATEMENT

Requests for information have been made to Southdowns National Park and Winchester City Council regarding the updating of the Village Design Statement, but we have not received a response to date.

### TRAINING & CONFERENCE

A Planning Training Evening was held and most Councillors attended. This was an interesting and informative evening.

### NEIGHBOURHOOD WATCH

Cllr Croucher said that there was not much to report from Neighbourhood Watch, apart from our bus shelter has been vandalised again and a new Parish Council Safety Officer has been appointed.

### VILLAGE LITTER PICK

The Village Litter Pick is going to be held during the first week in April. Cllr Halsall will organise posters to go up around the village and a note to include in the Upham Update.

### UPHAM RECREATION GROUND

A Grant has been awarded towards a new piece of play equipment at Upham Recreation Ground. It is hoped that this will be installed ready for the summer. It was agreed that the water fountain proposal will be put on hold for 6 months as it was felt that this was not the right time to be discussing this proposal and more investigations need to be made regarding health issues before a decision is made. Cllr Ashe is

re-designing a sign for the Recreation Ground which will be discussed at the next Meeting.

A replacement seat is to be sited at the top end of Upham Recreation Ground in memory of David and Marg Plumb which has been donated to the village by the Plumb family.

### SERVICE TO SPORT AWARD

Councillors were pleased to hear that Roger Cooper (Upham Football Club Secretary), who was nominated by Upham Parish Council, was recognised for his work with Upham Football Club over many years. He received a Service to Sport Award from Winchester City Council. More details will be in the next Upham Update. Well done Roger!

### OTHER REPORTS

A Financial Report was given by the Clerk for February.

Clerk: Mrs Anne Collins

Telephone: 01489 860236

Email: [uphamparishcouncil@gmail.com](mailto:uphamparishcouncil@gmail.com)

Website: [www.uphamvillage.org.uk](http://www.uphamvillage.org.uk)







# CELEBRATION Henna

**T**HIS WEEK AT UPHAM SCHOOL, CLASS FOUR, HAVE BEEN LEARNING ALL ABOUT PAKISTAN IN THEIR CULTURE WEEK. ON TUESDAY 25th FEBRUARY, THE CLASS WERE SPLIT INTO groups and one of those groups got to make their own henna pattern.

First, the children had a look at some henna drawing examples, then with a pencil they carefully drew their own idea for what they wanted their henna to look like. After the children had shown Miss Olver (Class Four's teacher), they were given a pouch of henna to try with. When they had done a bit of drawing practice with the henna, and were feeling more confident, the children asked Miss Olver for a tile to paint their design onto.

Each pupil in the class had about 10-15 minutes to do their final henna tile painting. After every child had finished, the tiles were all looking amazing. The designs ranged from sunsets to love hearts, to trees, all different and unique in their own way.

A Year 6 pupil, Zac, said, "I loved doing the henna painting because it was new to me, I have never done it before!"

Class Four had a great time and are very pleased with their final work.

*Written by Ben M (Class Four Pupil)*



## Blessed Mary, Upham on the web

[www.uphamvillage.org.uk/church](http://www.uphamvillage.org.uk/church)



## Upham Village Website

[www.uphamvillage.org.uk](http://www.uphamvillage.org.uk)

## Upham Village Facebook Page

[www.facebook.com/uphamvillage](https://www.facebook.com/uphamvillage)



# BISHOP'S WALTHAM PARISH COUNCIL



## Notices

### Parish Council Office.

The Jubilee Hall, Little Shore Lane,  
Bishop's Waltham. SO32 1ED

Tel: 01489 892323

[parishclerk@bishops-waltham-pc.gov.uk](mailto:parishclerk@bishops-waltham-pc.gov.uk)

**D**URING FEBRUARY THERE WERE MEETINGS OF PARISH COUNCIL, THE FINANCE, POLICY AND

Resources Committee, the Halls & Grounds Committee and the Planning & Highways Committee.

### SPEED INDICATOR DEVICE

You may have seen the new Speed Indicator Device in various locations throughout Bishop's Waltham. We have already had great feedback from residents who have noticed a reduction in speed on our roads. We are also looking into re-establishing SpeedWatch in the local community and are looking for volunteers. If you are interested in becoming a volunteer, please either contact us using details above or PCSO Sarah McCulloch by emailing [sarah.mcculloch@hampshire.pp.polic.e.uk](mailto:sarah.mcculloch@hampshire.pp.polic.e.uk)

### JUBILEE HALL CAR PARK

Work continues to extend the Jubilee Hall Car Park; we appreciate this has caused some disruption to hall hirers and thank everyone for their patience during this time. Once complete and fully operational, the whole car park will become pay and display, providing two hours free parking; 60p for up to three hours; 80p for up to four hours; and £1.20 for over four hours. Season tickets, which will provide a guaranteed parking space, are available; £360 for 1 year; or £200 for 6 months. Please contact Lindsay Edge, Executive Officer if you would like to make further enquiries.

### DEFIBRILLATORS

We have installed public access

defibrillators at our community buildings; The Jubilee Hall, Hoe Road Pavilion and Priory Park Clubhouse. Full instructions on their use are given on the cabinets should they be needed.

### PROVIDING ACCESS THROUGH GARDENS FOR WILDLIFE

Bishop's Waltham Parish Council adopted a local planning policy on fencing and walls around open spaces or domestic gardens in 2013 to ensure access is provided for the migration of small wild creatures. This policy ensures that developers take wildlife access into consideration when planning new build sites and asks residents to consider replacement gravel board products that are specifically designed to allow small wildlife to travel between gardens. Almost two thirds of species in the UK have declined in the past 50 years. It can be stopped, and everyone can play their part.



**W**ELL WE CERTAINLY DIDN'T REALISE WHAT AN EVENTFUL YEAR THIS WOULD

prove to be when we started the Bishop's Waltham 2020 Vision project! In the light of current events, I have two good reasons for each and every one of us joining in to record this year in photos from a mobile phone or camera.

1) People in the future will be interested in how we coped in an extraordinary time, both inside houses and out. We have a goodly number of images from the first two months for before and after comparisons.

2) If you intend to walk, run or cycle every day for your health, this will give those physical activity sessions an added interest (assuming we are able to carry on with them, of course).

Don't forget you can upload 366 images in all this year. Most photos of people will only require a verbal consent from anyone who is recognisable in the shot. It's only children and vulnerable adults who need written consent uploaded with the image. So please, keep those photos rolling in!

[www.bishops-waltham-2020-vision.co.uk](http://www.bishops-waltham-2020-vision.co.uk)

### Reasons to be cheerful ...

Good news for the planet: this year may see the first dramatic decline in carbon emissions as non-essential car journeys and flights disappear from the radar.

We'll all save money on petrol, helping us to cope financially with the economic impacts of the virus.

This crisis will revolutionise future working patterns, as people and organisations discover the benefits of working from home. It's suddenly possible that commuter traffic jams may become past history.

The country has to pull together to work for a common goal. What an unexpected opportunity to heal the political rifts of recent months. Who knows? We may end up with a less self-centred, kinder society.

The issues of funding care for the elderly and the NHS will now have to be tackled after having been shelved for so long.

We are incredibly lucky that our lifetime challenge isn't a war with an enemy trying to disrupt our food supplies or dropping bombs on us. As Winston Churchill said, "We have nothing to fear but fear itself."

Brexit has already faded into insignificance.



## BISHOP'S WALTHAM ROTARY NEWS

### CANCELLATIONS

It's every event organiser's worst nightmare to have to cancel an event. But, based on recent government guidelines, sadly, that's what we have to do.

**Fashion Show.** The most immediate impact is on the Fashion Show in March, planned to raise money for the MS Society. This event was already to roll out until the recent government guidelines. So, it will now not take place. We very much hope to run it again later in the year but at this time we do not know. Either come to Boutique Me for a refund or donate the ticket money to the MS Society: a very good cause in these difficult times.

IN AID OF



**The Carnival.** BW Rotarians have been organising this event every year for over

twenty years: through sun, rain and, like last year, wind as well! We recognise that it has become an annual town fixture in the local calendar that local families really look forward to: a real coming together of town's folk and local village folk. So, there is great sadness that we are unable to continue with the event this year.

Rotarians have been working on the Carnival preparation since before Christmas; so, it's a big disappointment, to all who have been involved in organising spectacular arena events and stalls; not to mention Batala the drum band. But also, it's sad for local traders and charities who look forward to displaying their wares.

We are really sorry and disappointed to have to cancel this great event, but hope that you will all respect the decision is taken in the interests of everyone. The date of 13th June remains firmly fixed in our minds, and should government guidance change we will look to try and organise a

town celebratory event.

Let's also look forward to next year. On the 12th June 2021, there will be the most fantastic of Carnival celebrations: no rain, no wind, just a glorious celebration of local talent and activities.

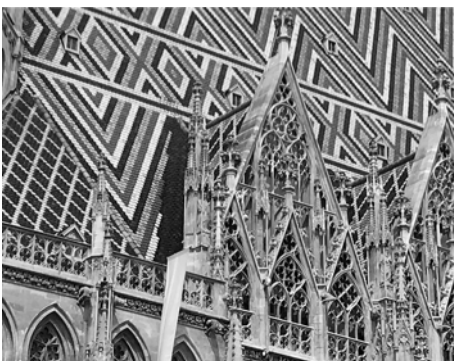
### Tour of Legends Classic Car event.

Sadly, also the Tour of Legends is cancelled for the same reasons. Last year this was a most successful tour of classic cars through the Hampshire countryside, and raised substantial funds for No Limits, which offers free and confidential information, advice, counselling, support and advocacy for under 26 year olds; and The Society Of St James, which aims to help vulnerable people experiencing homelessness, problems with alcohol and substance use and other complex needs, to change their lives.



**Meanwhile** Rotary's work continues: our purpose in life is to support local needs. So, if you know of anyone in need, in these trying times, please contact us.

[bishopsvalleyheartstart.org.uk](http://bishopsvalleyheartstart.org.uk)



### Learn life saving skills without leaving the house

HeartStart have cancelled all face-to-face training for the time being but there is some online training you can make use of.

1. Work through the Call, Push, Rescue videos for a virtual training session and use a pillow or sofa cushion to practice chest compressions.
2. Have a go at the Resuscitation Council's immersive live-action virtual reality [Lifesaver game](#).

Links are on the Meon Valley HeartStart Facebook page:

[www.facebook.com/meonvalleyheartstart](https://www.facebook.com/meonvalleyheartstart)

### A Princess at the Palace

In mid-April 1445, 575 years ago, a young 15-year old Princess was staying at Bishop's Waltham Palace as the guest of Henry Beaufort, Bishop of Winchester. Margaret of Anjou was awaiting her marriage to Henry VI at a wedding to be held at Titchfield Abbey on 23rd April 1445.



Margaret was described as beautiful, and "already a woman: passionate and proud and strong-willed". Read the full story in next month's issue of the Parish News.



# Things to look forward to....

It is very easy to focus on all the event cancellations and lack of usual activities at this time. So this page gives you a taste of some things taking place in the future which we can all look forward to. We will come together again as a community and enjoy activities that we previously may have taken for granted.

Obviously none of us know what the future holds, and some of the events advertised within this magazine may still need to be cancelled. So please check future issues and with individual event organisers nearer the time.



The Palace Grounds are open every day. Free access to walk around and enjoy the outdoors.



**Bishop's Waltham  
Country Fayre**

**Saturday 26th September  
2020**

*In the beautiful grounds of  
St. Peter's Church*

Country crafts, activities for children, dog show, ferrets, dancing, music, fresh produce, real ale and procecco bar!

A community event for everyone.

Look out for more details...

Registered Charity No. 1125442

*Bishop's  
Waltham  
In  
Bloom*



[www.bishopswalthaminbloom.org.uk](http://www.bishopswalthaminbloom.org.uk)

## PLANTING UP THE FLOWER BEDS

**Saturday 23rd May**

flower beds along the Palace Walls  
*and*

**Monday 25th May**

Old Station roundabout

*Planting up the flower beds will continue as planned though we will need help from younger and fitter members of the community! Most of our current helpers are retired or are caring for vulnerable family members. Both events are outdoors and we will work separately and keep at a safe distance.*

Let's come together as a community and make our town attractive to residents, visitors and those who drive through with the beautiful flower displays along the main roads and roundabouts. Both events start at 9am and planting will take place whatever the weather.

Email [info@bishopswalthaminbloom.org.uk](mailto:info@bishopswalthaminbloom.org.uk) if you would like to join in!



**Sunday 5th July 2020**

**12.00 – 16.30**

**Bishop's Waltham High Street**

The High Street will be closed to traffic for the day and stalls will be erected down the centre of the street offering a wide range of activities for children. While the event is primarily aimed at children between the ages of 3 and 13, it is a great day out for all the family.

From building bird boxes, nature challenges, playing tennis, football and cricket, learning circus and magic tricks, learning about the history of the High Street through quizzes, decorating food, music, dance, street art and all sorts of crafts and games, there will be something for everyone. If you would like to help volunteer on the day please let us know by emailing [bishopswalthamtownteam2@gmail.com](mailto:bishopswalthamtownteam2@gmail.com)

**BREAKING:**

**GOING OUTDOORS NOT CANCELLED**  
**MUSIC NOT CANCELLED**  
**FAMILY NOT CANCELLED**  
**READING NOT CANCELLED**  
**FRIENDS NOT CANCELLED**  
**SINGING NOT CANCELLED**  
**LAUGHING NOT CANCELLED**  
**HOPE NOT CANCELLED**  
**LET'S EMBRACE WHAT WE HAVE**



## **Cancelled/postponed meetings**

The Society is sorry that the coronavirus pandemic has already caused us to cancel/postpone our March and April meetings.

We now have to do the same for the meetings due in May, June and July. We will review our later meetings as events unfold.

Please check on our website for the latest information:

[www.bishopswalthamsociety.org.uk](http://www.bishopswalthamsociety.org.uk)

If you are a member who hasn't yet given us your email address, or given us permission to use it, please use the Contact Us form on the website so that we can keep in touch.

**Stay safe, keep well**

BWS: Celebrating the Past • Enjoying the Present • Safeguarding the Future  
 Registered Charity Number 1170683

## **It was March 2020 ...**

The streets were empty, the shops closed, people couldn't get out.

But Spring did not know, and the flowers began to bloom, the sun shone, the birds sang, the swallows would soon arrive, the sky was blue, the morning arrived early.

It was March 2020 ...

Young people had to study online, and find occupations at home, people could no longer go shopping, or go to the hairdresser. Soon there would be no more room in hospitals, and people continued to get sick.

But Spring did not know, the time to go to the garden arrived, the grass greened.

It was March 2020 ...

People have been put in lockdown. to protect grandparents, families and children. No more meetings or meals, family celebrations. The fear became real and the days were therefore similar. But Spring did not know, apples, cherry trees and others bloomed, the leaves grew.

People started reading, playing with their families, learning a language, singing on the balcony inviting neighbors to do the same, being supportive and focusing on other values.

People realised the importance of health, of suffering, of this world that had stopped, of the economy that has plummeted.

But Spring didn't know. the flowers gave way to the fruit, the birds made their nest, the swallows had arrived.

Then the day of liberation came, people found out on TV, the virus had lost, people took to the streets, sang, cried, kissed their neighbors, without masks or gloves.

And that's when Summer came, because Spring didn't know. He continued to be there despite everything, despite the virus, fear and death. Because Spring didn't know, he taught people the power of life.

Everything's going to be fine, stay home, protect yourself, and enjoy life.

Registered Charity No. 1125442

## Bishop's Waltham In Bloom


[www.bishopswalthaminbloom.org.uk](http://www.bishopswalthaminbloom.org.uk)

**C**ORONAVIRUS IS NOT GOING TO STOP US CONTINUING WITH OUR PLANS TO MAKE OUR town attractive to residents, visitors and those who drive through.

*Planting up flower beds* will continue as planned though we will need help from younger and fitter members of the community. We may well need new people to help with dead heading and weeding as the summer progresses. Most of our current helpers are retired or are caring for vulnerable family members. Our work is outdoors. We can work separately and keep at a distance when discussing things.

*Sponsored baskets and planters* will appear in the centre of town and we will be involved in *yarn bombing*, if it takes place. The *Annual Floral Competition* will still happen.

One thing that will change, though, is the hanging baskets planted up by youth groups in Red Lion Street. This street will look very bare without them and we have an idea BUT it still needs thinking through. We will post information about this on both our own website and on the Love Bishop's Waltham website as soon as we have thought it through more carefully.

### Horticultural Happenings

*February* has seen the daffodils coming out and cheering up the town with bursts of sunny yellow – a substitute for the lack of real sunshine! Those in the beds and planters are all fully out with the prospect of the naturalised ones in the grass to follow in March. The crocuses in the area



by Fox's and on the roundabout are fighting to put their heads above the very long grass, but there are now splashes of purple to be seen at last. The first blossom has also come out on the roundabout, a beautiful show of pink flowers in the bed facing the railway line. Also the Alliums are starting to grow already in the 2 biggest beds.

Late February saw our trip to the Nursery to put in our finalised plant order ready for May, based on last year's with 'tweaks' according to how well things flowered. We also chose a colourful selection of Polyanthus, which we brought back straightaway to fill the two planters in Red Lion Street (now the geraniums have finally stopped flowering) and brighten up the alleyway.

Hopefully, by the time you read this, it will have finally stopped raining and the last of the winter pruning will have been completed!

### Planting dates

#### *Saturday 23rd May*

*Flower beds along the Palace Walls on the Winchester Road*

#### *Monday 25th May*

*Old Station Roundabout*

We are always looking for people to join us on planting days.

Planting takes place whatever the weather and takes as long as it takes. If there are lots of people the job is completed

quickly: if fewer people we must continue until all the plants are planted.

Plants are delivered at 7.30 on each of the two days and we start at 9.00. If you are interested please contact us via our website or email [info@bishopswalthaminbloom.org.uk](mailto:info@bishopswalthaminbloom.org.uk)

### Annual Floral Competition

*Closing date 30th June, judging day Wednesday 15th July*

Next month in this magazine we will publish the competition entry form. Entry forms can also be obtained from a variety of locations in the town.

This year the competition will include a new category. I wrote about this last month but as you may not have seen it, here is the information again. Entry into the competition can be for just a single category, so this new venture may appeal to you.

### *Most attractive bee and butterfly friendly area.*

*This area can be either in a front or rear garden, although we must be able to access it on judging day.*

*It can be a corner plot, a border or a series of containers; as large or as small as you like; as colourful or themed as you choose; just wildflowers or a mixture of shrubs and flowers. That's up to you, but it must contain plants beneficial to bees or butterflies or both and be attractive to look at too.*

*Ideally, if we judge on a sunny day, then the bees and butterflies will be there!!*

### Yarn bombing

Our knitted and crocheted sculptures are slowly being prepared and will be collected from our volunteer knitters in mid-April, ready for display at the beginning of May. We have been lucky enough to have new people come forward to help us this year., in addition to our regular knitters. It's not too late to join us, if you have a few hours to spare in the next three weeks. We have projects both large and small and can supply wool and patterns.



# Garden Wildlife Notes from Rareridge Lane

*Extra bird boxes constructed, lots of frog spawn in the pond and wild daffodils in flower*

## New bird boxes made and old ones repaired

Two new Starling nest boxes have been added to those in the garden and several old nest boxes were repaired. The repairs on the old boxes were needed due to a combination of squirrel damage and woodworm. They are now set for a few more years of service. The Starling nest boxes were made following the plan in the February Parish News and had 45mm metal hole plates added to protect the



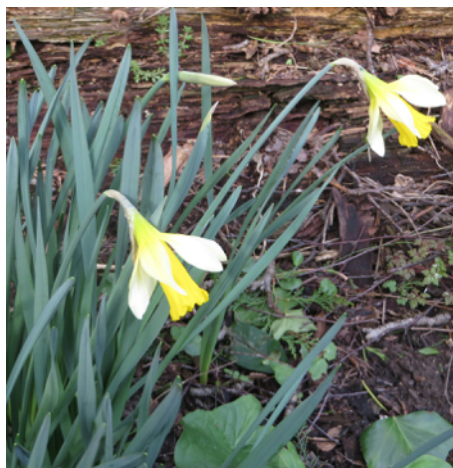
chicks from squirrels. They were put up on two dead tree stumps about 3m from the ground late one afternoon and the following morning they were being investigated by a Starling and a Nuthatch. With luck this means they should be used this nesting season.

The addition of these new boxes increases the number of nest box sites in the garden to twenty three. We have gradually added more each year and many of them get used. The nestboxes include Blue Tit and Great Tit nestboxes, a Sparrow terrace containing four nestboxes, open fronted Robin nestboxes, a Woodpecker nestbox

and Starling nestboxes. There is also an old wellington boot in a Holly hedge, toe down with a drainage hole and a bottomless plastic flower pot to hold the entrance open. This was used by a Robin last year. As natural sites become rarer and roofs are sealed, the birds seem keen to take advantage of anything they can find.

## The native daffodils are flowering

Daffodils in flower are always a sign that spring is here. The native daffodils are especially rewarding to see as they have a two tone more delicate flower than the garden varieties. They also stand up to storms much better than many garden varieties, having evolved along with our weather.



## Large quantities of frog spawn in the pond

Having been around since the end of January but not laid any spawn, frogs arrived in large numbers at the end of February. Trying to count them was difficult as they kept moving, but there seemed to be over fifty frogs in the pond. They were croaking loudly and within a few days enormous quantities of frog spawn appeared. The challenge then was how to protect it so that the newts did not

eat the emerging tadpoles. Last year large quantities of frog spawn were laid but the only tadpoles to survive were from the small quantity of frog spawn transferred to an aquarium. There were lots of newts in the pond and they ate all of the tadpoles.



This year we are prepared. We bought two large yellow trugs from B&Q. Some water weed (Hornwort) and a lot of frog spawn has been transferred into each trug. Some frog spawn has also been transferred to the aquarium again. The emerging tadpoles should be safe here. They will be kept in the trugs and fed until they are big enough not to be seen as food by the newts. There is still quite a lot of frog spawn in the pond and this will no doubt provide food for the newts before they lay their own eggs in the pond. Hopefully this method will mean that there are large numbers of tadpoles in the pond again to develop into froglets and provide future generations of breeding frogs.

*Barry Jerome*



Royal Horticultural Society (RHS)  
Hampshire Federation of Horticultural Societies (HFHS)



# Bishop's Waltham Gardening Club



Registered Charity No.  
1169353

## BE A BLOCK HEAD

**M**OST OF US HAVE SMALL GARDENS THESE DAYS. MANY OF US WATCH programmes such as the Chelsea Flower Show. We see the swathes of beautiful plants in ideal surroundings and think 'they would look nice in my garden'. So, off we trot to the Garden Centre and, after coffee and cake, look around and see some attractive flowering plants. With many around £10 per plant - especially the perennials - there is a limit to the budget. Back home we plant it with tender care but, somehow it doesn't look anything special. Within a short while, the plant has finished flowering. Naturally, the Garden Centre wanted to show off the plant at its best but, once in full flower, the plant is looking to set seed (except certain varieties and strains) so, once the pollinators have done their job, that's what you get. The reason you were drawn to the programme on telly was due to the plants being placed in BLOCKS. I have so often fallen into the trap of getting 'one of each' when it would have been much better to have a group of plants of the same variety. Yes, once they are over there is quite a 'hole' in the flower bed, but that role could be taken over by another 'block', so that your eye is drawn to the new site. Of course, you can get several varieties that 'colour match' but they need to flower around the same time.

Expensive? Yes, if the fully-grown plants are purchased, but try ones not yet in flower - probably smaller but they will grow on successfully. Or try plug plants which are much cheaper but need your extra care until well established. Look

around the Nursery for special offers; also look for smaller plants not yet placed in prominent positions. Some plants can also be divided (carefully!) and provide an extra one or more plants from the same pot. The more you look, the more ideas you can get.

Last month we asked you to get a 'Bee Hotel', but there are many things you can do by just placing the right plants in the right space. Bees love certain flowers, of course, so here are a few which attract them. Remember, also, that they also need nectar in the winter! Yes, honeybees don't hibernate, so why not brighten your garden during these lean times and help a friend? Crocuses, Oregon Grape - Mahonia x Media, Japanese Quince - Chaenomeles speciose, Lungwort - Pulmonaria, all can be added to the honeybees menu. Provide plenty of Autumn-flowering plants, too. If you don't think you have space don't forget that Window Boxes and Patio Pots can also be filled with bee-friendly plants.

One 'no-no' concerns 'doubles'. These admittedly pretty flowers look good but prevent pollinators from entering. Wildflowers, as you can guess, are great for bees with colour and variety to suit you both! If you want to be really bold - and have a decent excuse for not getting rid of them - leave some weeds. Dandelions and nettles (the latter is a food plant for over 40 species of butterfly and moth) will happily grow in a spare plot out of the way. Provide shelter if you can. Trees, shrubs and climbers, especially trees with lots of gaps in their bark, provide winter protection, as do those dead stems of plants which you may be

tempted to clean up in late Autumn. Please leave them as, again they provide shelter for larva to over-winter. The seed-heads also provide useful nourishment but, if you have to clean up, leave the stems piled up in a corner and they are still of use to insects. Hollow stems are used when bees and other pollinating insects are not on the wing.



Other plants to consider; Bronze Fennel; Sneezeweed (Helenium); Foxglove; Ivy; Rosemary; Alliums (pictured above); Lithodora diffusa; Bee Balm (monarda); Sorbus; Eucryphia (it grows to 12mtrs, though!!); Hoheria.

Even if you have just a small space, look after the bees.

Thanks to the Eden Project for some of the above, their website has some useful tips. [www.edenproject.com](http://www.edenproject.com)

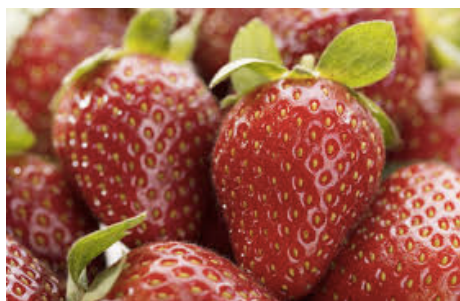
**Strawberries** are available in Garden Centres and are always popular from various suppliers. They are also very nutritious and very easy to grow, but why not give them a bit of extra care and reap the benefit?

Any garden can be home to a few plants, either in the border or, much easier, in large pots. This method makes them easier to pick, water and feed as well as making the 'runners' easier to see - more of them later!

Make sure you plant them in good soil (for pots, a good compost). It's always useful to add some potting grit to ensure



good drainage, as no plants like cold, wet feet! They do want moisture, of course, as they are mostly water, anyway. Put some straw, vermiculite, perlite or special 'protectors' around the plant, to help stop splashes of water spoiling the fruit and for helping to keep off slugs/snails. That's why pots are better as you can stand them on some fine gravel (or some of that potting grit) which deters those slimy pests. After fruiting, and after the runners have been taken off (apart from those you want to keep and grow on) I trim the leaves off in early September as they look 'tired' and can succumb to disease, and am amazed how quickly new, healthy leaves grow.



Strawberry 'Runners' are quite prolific on a well-grown plant and, if you want to increase your stock -either to expand the number of plants because you just love strawberries, or to replace plants that are 3 or more years old (I change my every two years)- they are thankfully very easy to grow. You will notice a small growth at the end of the runner. If you don't need it, cut it off to allow the plant to strengthen. If you do, then when it gets big enough, fill a small pot with a mixture of multi-compost and grit, place the runner on to the soil and peg down the runner (try a plastic or wooden clothes peg) into the soil. Water, and before long the runner will have rooted. Chose a cool day and just snip off the runner at both ends. Congratulations, you have a new strawberry plant that will give you a fine crop next year, provided you water and feed until October. Keep in an open but sheltered position.



## Start preparing now for our ANNUAL OPEN SHOW Saturday 18th July 2020



With some useful innovations - for instance, fewer items required in many classes, improved children's section - the new look Annual Show will be better than ever and, don't forget, it is an OPEN show, so anyone can enter. You don't have to be a Member of the Gardening Club, although Members entries are free and non-members pay a nominal fee, so get planting or preparing NOW.

To give you plenty of time, and not miss that 'golden opportunity' the Photography classes are:-

***The Best of Bishops Waltham. Nature at its Best. A Single Rose.***

These must give any budding photographer a real chance to excel.

The Show isn't all about winning prizes or having to be an 'expert'. It's open to **ALL** and our motto of **'If you Grow it or make it, then Show it'** really rings true for everyone.

It's not just about Gardening as there are classes covering;

Sugar Craft, Crafts, Cakes, Jams etc.

The Programme /Schedule including entry forms will be available from Mid-May when we hold our **Red Lion Street Plant Sale** and also in selected local shops and online, but before then start thinking about what you would like to enter at the Annual Open Show.

If you have ever wondered how those beautiful 'sugar-craft' entries are made, contact

Lyn on 02380 695210 for more details.

When this is over,  
may we never again  
take for granted  
A handshake with a stranger  
Full shelves at the store  
Conversations with neighbors  
A crowded theatre  
Friday night out  
The taste of communion  
A routine checkup  
The school rush each morning  
Coffee with a friend  
The stadium roaring  
Each deep breath  
A boring Tuesday  
Life itself.

When this ends,  
may we find  
that we have become  
more like the people  
we wanted to be  
we were called to be  
we hoped to be  
and may we stay  
that way—better  
for each other  
because of the worst.

LAURA KELLY FANUCCI





## Bishop's Waltham Parish Fishing Club

### *Match 8 postponed twice due to Ciara and Dennis*

#### **Match Series 8 fished on the third attempt**

Storm Ciara and Storm Dennis in successive February weekends combined to make the South Pond unfishable. Heavy rains ensured more paths and swims were inundated and the freak gusts of wind made sitting under old, leaning trees susceptible to aerial bombardment from snapped branches or even a whole tree! Consequently, Match Secretary Andy Weavil had to postpone match 8 until the 23rd February. Another weekend of rain and squally winds was not forecast but they did arrive.



Only three hardy gentlemen fished. Appropriately, Steve Edge and Andy Weavil fished to thrash out the final series placings. Steve had to win and Andy had to blank or come 5th or lower. Not likely with three anglers present.

We drew swims 17 - 19 on Station Road as all other swims were flooded and we could shelter from the weather a little more. We settled and the rain came, then gusting winds and then both together. But it was very mild!

Fishing was hard. Andy caught a tree when a cast was wind diverted. George Martin hunkered down on 18 and never saw a bite. Steve cast short, long, mid

distance and reverted to a waggler close in to actually catch some silvers. He had two bites on the feeder at distance to hook a rudd and a roach of around 2 ounces each. He ended with 10 ounces in total. He stuck with the feeder in hope for an elusive big carp. It was Andy who confirmed his supremacy over the season competition and retain his title. Fishing to trees off Fairlawns he landed carp. One after about an hour and another chunkier



Match Series #1-8	Points
A Weavil	58
S Edge	51
R Pilling	31
G Martin	24
C Martin	21
J Sylvester	21
B May	9
P Moriarty	8
<b>Associate Cup</b>	4 matches each
R Langthorne	36
C Shepherd	36
<b>Total Weight Matches 1-8</b>	<b>287 lb:10 oz</b>



#### **Joining the Club**

Membership is now closed for the 2019-20 season. Membership renewals and applications for the 2020-21 season will be opened in May.

**If you are interested in joining the club** please contact our membership secretary Cathy Naylor on 07934 895513 for an application form. Alternatively, applications can be made by downloading a membership form from the website and sending, with an SAE, to our membership secretary (details above and on the web site). The membership year runs from mid-June. Membership is now closed for the 2019-20 season. Membership renewals and applications for the 2020-21 season will be opened in May. Membership is open to anyone who lives in Bishops Waltham, plus a number of Associate membership places (for those living outside the Parish). Priority is given to Parish membership (especially juniors), but anyone living outside of the Parish wishing to join should contact Cathy for an Associate Membership place.

Website: [www.bwpfc.org.uk](http://www.bwpfc.org.uk)

*Steve Edge and Barry Jerome*



BISHOP'S WALTHAM & UPHAM

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*Advertising Manager*

*The Parish News 01489 891159*

ISSN 2399-2921



## Staircase renovation



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Convert your existing stairs in a week to Oak and glass  
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### Bishops Waltham Parish Council

#### SELF-ISOLATION

**If you have been advised to stay at home because of the  
coronavirus you may need help.**

**Please call this number if you need advice or support.**

**01489 892323**

**Weekdays 9am – 4pm**

**Please continue to use local services for food and  
prescription deliveries as you normally would.**

**This support line is to offer additional help while people are  
at risk of isolation.**

**Whether it's a friendly voice on the end of a phone, help  
with dog walking, basic food supplies or just to find out what  
else is around to help.**

**We're in close contact with many local groups and  
organisations and can put you in touch with them as  
needed.**