

# St Peter's and Blessed Mary Churches Sunday 3rd August 2025

st.peter's  
bishop's waltham

blessed mary  
upham



Here are the services for this Sunday.

### **At St Peter's**

Sunday 3rd - 8am BCP, 9am Parish Communion, 10.30am Sunday Central

### **At Blessed Mary**

Sunday 3rd - 11am Parish Communion

We also have our regular midweek 10am services on Wednesdays (various locations) and Thursdays at St Peter's.

***Please pray for Kit Mitchell who is being baptised at St Peter's on Sunday at 1pm***

### **St Peters: Giving In Grace**



Finally, thank you so much to all of you who have responded to our recent '**Giving in Grace**' stewardship appeal. Overall we have had about 31 responses which has been lovely, but we have yet to hear from about 100 of you who kindly support. If you can let us know a response (that you can increase your giving, or not at this time) that would be really helpful so we can plan ahead.

So far we have pledged about £6,500pa of additional giving, but which leaves us £20,000pa to go to our target £25,000pa. Between us all, and new people, we hope that this target is achievable and might be pledged, so we can continue to run all of our ministry and mission into 2026. To achieve this would be £200 per person, with some able to give more and some less....we do hope this might be possible across us all, so please do think and pray and give what you can.

With prayers for the week ahead

Revd James.

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### **Your 100 Word Story**

If you were at church on Sunday, we had a great talk from Revd Neil Smart from the diocese who is lead for 'Revive'.

Neil talked about how we are all called to be witnesses in our Christian lives, and the most important part of being a witness, is to know, and be able to tell, our story of faith!

He mentioned three ways in which we can be prepared:

1. My story in 100 words...write it down and practice sharing
2. What is God doing in my life at the moment?...write something down and practice sharing
3. Gods Story <https://www.the4points.com/uk/index.php> ....know the key points of the Gospel message with pictures, words and bible verses

As we head into August, could I encourage you to have a go at this over the summer and then share with a friend?

Please click on this link to see some notes to help you: [click here](#)

James

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**Autumn Music Concert and Art Exhibition**  
Saturday 27th September

## Autumn Music Concert and Art Exhibition

The Blessed Mary Church, Upham  
SO32 1JH



Saturday 27<sup>th</sup> September 2025 6.00 p.m.

### 'ECHOES OF EDEN'

'Sublime' Music and Art inspired by the Creation of the World  
featuring:



'The Lowry Girls'

Organ, Piano and Recorder solos

Anthems sung by the Combined Choirs and guests  
Including:

'Rutter: 'Look at The World' 'All Things Bright and Beautiful'  
'For the Beauty of the Earth'

Fauré 'In Paradisum'

Soprano Soloist: Tamsin Withers will sing:

'The Fuchsia Tree' Roger Quilter

'The Sky above the Roof' Vaughan Williams.

'Audience Participation Hymns'



Organist: Dr Roger Hansford

Conductor: Michael Coker



Scan to purchase

Tickets £10.00 including refreshments and a glass of wine  
Free Art Exhibition: Saturday: 10am - 3pm and Sunday: 1pm - 4pm

Available from: The Parish Office: Free Street Bishops Waltham Hampshire SO32 1PW

Tel: 01489 892197 [spbm.office@gmail.com](mailto:spbm.office@gmail.com) or Janet Dunford [pine.end@gmail.com](mailto:pine.end@gmail.com)

Rosemary Bickle [rabickle@gmail.com](mailto:rabickle@gmail.com) or Mandy Cawood [amandajcawood@gmail.com](mailto:amandajcawood@gmail.com)

Or scan the QR Code

## Mothers' Union AFIA - August 6th



AFIA(Away From It All) is the holiday initiative run by the MU & is available for families who are in need or have not got the luxury of regular holidays. It takes many forms from residential holidays with teams of volunteers to enabling

disadvantaged families to take a holiday to days out etc.  
In our Diocese we do fund family holidays but we also have an annual day trip to Lee on Solent for families who are affected by Domestic Violence & this year the day is on Aug 6th.

If you might be interested in coming along to help with setting up or helping generally or see what it involves please do contact me.  
On line safeguarding training can be completed via the Portsmouth Diocese as needed.

It is a long day but just so great!  
Liz Webb

For more information about Away from it All please click on the link  
<https://www.mothersunion.org/projects/afia>



### **Distribution of Communion**

This note is to let you know that after discussion with the Diocese,

we have been advised that it would be good to move back to a more normal distribution of communion by receiving the bread and wine **separately**, without dipping the wafer in the wine, by the priest, or by ourselves as communicants.

Covid and other infections are now an ongoing part of life, so we will need to be responsive to whatever develops. Most churches are doing likewise, and have already made this move. The Cathedral moved back to receiving bread and wine separately in 2022.

We do understand that how we receive communion is very personal, and there might be specific reasons that mean you don't feel able to receive in separate kinds, (in the short or longer term), and if this is the case, please let us know. **We don't want anyone to feel that they can't join in public worship or receive communion.**

With this change, you may consider only receiving bread, but not wine. If you decide to do this, perhaps for a period, **you do not need to worry that you are receiving a 'lesser' Communion.**

The divine nature of the communion sacrament, means that you receive the full benefits of Jesus' Passion and sacrifice when you receive in one kind only, or if neither bread or wine were available to use. **Sacraments are outward signs of an inward truth, that is unseen, but real.**

In summary, we would suggest that if you are unwell, or vulnerable, for a particular period of time, to just receive communion in one kind i.e., the wafer/bread, or come for a blessing.

We would propose that we start from the beginning of August for a trial period of August, and then review for the Autumn.

Revd James - Rector  
Liz, Mandy and Frances - Wardens  
St Peter's and Blessed Mary PCC's

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## Prayers

**Please pray for the family and friends of Noah Withers,  
Maureen Fordy, Pam Hayter and Eileen Horne**

**We pray for all those whose names are written in our  
Book of Requests for Prayer.**

**Please also pray for the names of those who have asked  
for public prayer, Jackie Suter, John Fewings, Mavis**



**Bruce, Mike Berry, and for all those known to us who are currently in hospital.**

We pray for the families of those Anniversaries of Death fall around this time and whose names are listed in our Book of Remembrance:

**04/08/2011 Margaret Gertrude Jones**

**08/08/2002 Richard E. Jones**

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## Meon Valley Food Bank



Thank you for your continued support.  
We will be open next Monday between 10 and 12 to receive food donations.

Food can also be dropped off at the following places;

Bishops Waltham - Sainsbury's, Coop, St Peters Church and the Jubilee Hall in Little Shore Lane

Curdridge - St Peter's Church

Upham - Blessed Mary Church

Wickham - the Coop and the Community Centre.

Park Gate - Robinson Reade Estate Agents

The items we require for the coming week are:

**Pasta Sauces**

**Tinned Chicken in White Wine Sauce**

**Toilet Roll**

**Tinned Potatoes**

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