

# St Peter's and Blessed Mary Churches

## Sunday 13th July 2025

st.peter's  
bishop's waltham

blessed mary  
upham



This Sunday at St Peter's we extend a warm welcome to Bishop Onesimus and his wife Mama Florence from Uganda! Please see below for all the opportunities to meet them while they are here.

Here are the services for this Sunday.

### **At St Peter's**

Sunday 13th - 8am BCP, 9am Parish Communion, 10.30am Sunday Central

### **At Blessed Mary**

**Sunday 13th - 10.30am Sunday Funday at St Peter's**

6.30pm - Compline

Finally, can I please highlight the important note below about communion and please get in touch with me if you have any concerns or questions.

***Please pray for Thomas Hayter and Leah Budden who are marrying at St Peter's on Friday 11th and Oscar Phillipson and Amelia Cobb who are also marrying on Saturday 12th at Blessed Mary.***

**With prayers for the week ahead**

**Revd James.**

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## Communion - Proposed Changes from August



### Distribution of Communion

This note is to let you know that after discussion with the Diocese, we have been advised that it would be good to move back to a more normal distribution of communion by receiving the bread and wine **separately**, without dipping the wafer in the wine, by the priest, or by ourselves as communicants.

Covid and other infections are now an ongoing part of life, so we will need to be responsive to whatever develops. Most churches are doing likewise, and have already made this move. The Cathedral moved back to receiving bread and wine separately in 2022.

We do understand that how we receive communion is very personal, and there might be specific reasons that mean you don't feel able to receive in separate kinds, (in the short or longer term), and if this is the case, please let us know. **We don't want anyone to feel that they can't join in public worship or receive communion.**

With this change, you may consider only receiving bread, but not wine. If you decide to do this, perhaps for a period, **you do not need to worry that you are receiving a 'lesser' Communion.**

The divine nature of the communion sacrament, means that you receive the full benefits of

Jesus' Passion and sacrifice when you receive in one kind only, or if neither bread or wine were available to use. **Sacraments are outward signs of an inward truth, that is unseen, but real.**

In summary, we would suggest that if you are unwell, or vulnerable, for a particular period of time, to just receive communion in one kind i.e., the wafer/bread, or come for a blessing.

We would propose that we start from the beginning of August for a trial period of August, and then review for the Autumn.

Revd James - Rector  
Liz, Mandy and Frances - Wardens  
St Peter's and Blessed Mary PCC's

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### **Children's Society**

We were recently able to bank £312 for the children's Society as a result of the annual box opening. Apologies if you gave us your box a while ago, but it has taken time to collect all the boxes. This is a wonderful amount and we also know that a lot of you now donate through a Direct Debit.

On behalf of the Children's Society, THANK YOU for supporting this very worthwhile charity. Our young children need support and protection.

Mary Blow and Team [ Richard, Malcolm, Gaynor]



**Bishop Onesimus and his wife Mama Florence will now be with us from Thursday 10th to Sunday 13th July. Below is the programme while they are with us so please come along to meet them:**

**Thursday 10th July**

**7:30pm The Rectory - Welcome Reception with Interview/Talk  
(Drinks and Nibbles)**

**Friday 11th July**

**8:45am St Peters - Morning Prayer**

**Saturday 12th July**

**8am The Brickmakers - Men's Breakfast  
5pm Church Hall - Mother's Union**

**Sunday 13th July**

**The Bishop will be at all the St Peter's services**

**8am - BCP Communion**

**9am - Parish Communion**

**10:30am - Sunday Central**

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## Prayers

R.I.P. Noah Withers  
R.I.P. Pam Hayter  
R.I.P. Maureen Fordy  
R.I.P. George Woolford.



Please pray for the family and friends of Noah Withers, Maureen Fordy (Sam's mum whose funeral will be held at St Peter's on Thursday 17th July at 3pm), Pam Hayter, George Woolford, and Pam Luff's mother Alice Bright.

We pray for all those whose names are written in our Book of Requests for Prayer.  
Please also pray for the names of those who have asked for public prayer, John Fewings, Mavis Bruce, Mike Berry, and for all those known to us who are currently in hospital.

We pray for the families of those Anniversaries of Death fall around this time and whose names are listed in our Book of Remembrance:

14/7/2004	Frances Beatrice Fisher
15/7/1983	John Forbes
15/7/2004	Betty Winter
17/7/1984	William George Lovell
17/7/1990	Ralph Douglas Bennett
17/7/2003	Barbara Hawley

## Meon Valley Food Bank



Thank you for your continued support.  
We will be open next Monday between 10 and 12 to receive food donations.

The items we require for the coming week are:

**Tinned Meat Meals**  
**Fray Bentos meat pies**  
**Tinned Vegetables**  
**Cream Crackers**  
**Tinned Soup**

